## **Basketball Self Evaluation Form**

Player Details

Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

Self-Evaluation Date: \_\_\_\_\_

Self-Assessment Table

Aspect	Strengths	Weaknesses	Plan for Improvement
Shooting			
Defensive Awareness			
Agility			

**Goals for Improvement** 

1.				
2.				
3.				
J.				

Player's Signature:

Date: \_\_\_\_\_