**Basketball Self Evaluation Form**

**Player Details  
Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Self-Evaluation Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Self-Assessment Table**

| **Aspect** | **Strengths** | **Weaknesses** | **Plan for Improvement** |
| --- | --- | --- | --- |
| **Shooting** |  |  |  |
| **Defensive Awareness** |  |  |  |
| **Agility** |  |  |  |

**Goals for Improvement**

**Player’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**