## **Digital Massage Intake Form**

| Client Information:  |
|--|
| Full Name:   |
| Date of Birth:   |
| Contact Number:  |
| Email Address:   |
| Appointment Details:   |
| Preferred Date:  |
| Preferred Time:  |
| Health Information:  |
| Do you have any current medical conditions? [Yes/No] If yes, please specify:         |
| <ul> <li>Are you on any medications? [Yes/No] If yes, please list:</li> </ul>        |
| Do you have any allergies? [Yes/No] If yes, please describe:                         |
| Massage Preferences:   |
| Preferred Pressure: □ Light □ Medium □ Firm  |
| Areas of Focus:  |
| Areas to Avoid:  |
| $\Box$ I confirm that the information provided is accurate and agree to the terms of |
| the massage session.   |

| Signatures:          |       |
|----------------------|-------|
| Client Signature:    | Date: |
| Therapist Signature: | Date: |