

# Army Initial Counseling Form

## Counseling Session Information:

- Counselor Name: \_\_\_\_\_
- Soldier Name: \_\_\_\_\_
- Date: \_\_\_\_\_
- Soldier's Rank/Unit: \_\_\_\_\_

## Areas Covered During Counseling:

### 1. Duties and Responsibilities:

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### 2. Expected Conduct and Behavior:

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### 3. Uniform Standards:

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### 4. Physical Fitness Requirements:

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## Short-term Goals:

- \_\_\_\_\_
- \_\_\_\_\_

## Table for Task Assignments:

Task Description	Deadline	Status	Notes
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**Signatures:**

- **Counselor Signature:** \_\_\_\_\_
- **Soldier Signature:** \_\_\_\_\_
- **Date:** \_\_\_\_\_