Mental Health Assessment Form for Child

Child's Information

- Full Name: ______
- Date of Birth: ______
- Age: _____
- School Name: ______
- Parent/Guardian Name: ______
- Contact Number: ______

Behavioral and Emotional Concerns

- 1. Has your child shown signs of mood swings?
 - \circ \Box Yes
 - □ No
- 2. Has your child had difficulty focusing on schoolwork?
 - \circ \Box Yes
 - □ No
- 3. How often does your child seem anxious or worried?
 - \circ \Box Often
 - \circ \Box Sometimes
 - \circ \Box Rarely
 - \circ \Box Never
- 4. Does your child have trouble sleeping or frequent nightmares?
 - \circ \Box Yes
 - \circ \Box No

Social and Developmental Factors

Areas of Concern	Often	Sometimes	Rarely	Never	
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Difficulty making friends		
Outbursts of anger		
Trouble following rules		
Shy or withdrawn		

Parent/Guardian Comments

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- _____

Signature of Parent/Guardian

- Signature: ______
- Date: _____