Free Mental Status Exam Template

**I. Patient Demographics**

* **Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Examination Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Evaluator Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**II. Observational Assessment**

* **Appearance (check all that apply):**
	+ Neat
	+ Inappropriate for season/weather
	+ Neglected hygiene
	+ Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Behavior:**
	+ Calm
	+ Restless
	+ Resistant
	+ Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**III. Communication**

* **Speech Pattern:**
	+ Clear
	+ Slurred
	+ Rapid
	+ Mute
	+ Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Language Comprehension:**
	+ Understands and follows conversation
	+ Difficulty finding words
	+ Repeats phrases or questions
	+ Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**IV. Mood & Affect**

* Self-Reported Mood: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Observed Affect (check one):**
	+ Consistent with reported mood
	+ Incongruent with mood
	+ Restricted affect
	+ Blunted affect

**V. Thought Patterns**

* Organized
* Disorganized
* Paranoid Delusions
* Magical thinking
* Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**VI. Cognitive Assessment**

* **Oriented to (check all that apply):**
	+ Time
	+ Place
	+ Person
* **Memory (Immediate, Short-Term, Long-Term): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Calculation Skills: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Executive Functions: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**VII. Insight and Judgment**

* Insight into condition
* Judgment in hypothetical situations

**Examiner's Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Examiner's Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**