Free Mental Status Exam Template

**I. Patient Demographics**

* **Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Examination Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Evaluator Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**II. Observational Assessment**

* **Appearance (check all that apply):**
  + Neat
  + Inappropriate for season/weather
  + Neglected hygiene
  + Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Behavior:**
  + Calm
  + Restless
  + Resistant
  + Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**III. Communication**

* **Speech Pattern:**
  + Clear
  + Slurred
  + Rapid
  + Mute
  + Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Language Comprehension:**
  + Understands and follows conversation
  + Difficulty finding words
  + Repeats phrases or questions
  + Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**IV. Mood & Affect**

* Self-Reported Mood: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Observed Affect (check one):**
  + Consistent with reported mood
  + Incongruent with mood
  + Restricted affect
  + Blunted affect

**V. Thought Patterns**

* Organized
* Disorganized
* Paranoid Delusions
* Magical thinking
* Additional Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**VI. Cognitive Assessment**

* **Oriented to (check all that apply):**
  + Time
  + Place
  + Person
* **Memory (Immediate, Short-Term, Long-Term): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Calculation Skills: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Executive Functions: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**VII. Insight and Judgment**

* Insight into condition
* Judgment in hypothetical situations

**Examiner's Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Examiner's Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**