
Investment Trading Journal Form Download

Trader Profile

- Name: _____
- Investment Strategy: _____
- Date of Report: _____

Trading Activity

- Asset Class: _____
- Transaction: Buy Sell
- Execution Date: _____
- Price at Entry: _____
- Price at Exit: _____
- Shares Traded: _____
- Net Gain/Loss: _____

Reflection

- Initial Analysis: _____
- Outcome Reflection: _____
- Improvement Plan: _____

Acknowledgement: The information provided here is accurate and complete.

Trader's Signature: _____ **Date:** _____