

MEDICAL HISTORY FORM

Patient Name: _____ DOB: ____/____/____

Signature: _____ Date: ____/____/____

Present Health Concerns: _____

MEDICATIONS: Please list all prescription and non-prescription medicines, vitamins, home remedies, birth control pills, herbs etc.

| Medication Name | Dose | Frequency |
|-----------------|------|-----------|
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ALLERGIES: List all reactions to medicines, foods and other agents.

| Allergy | Reaction or Side Affect |
|---------|-------------------------|
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**** If you are on 3 or more medications – please bring them with you to each appointment. ****

PERSONAL MEDICAL HISTORY: Please indicate whether you have had any of the following medical problems.

Congenital Heart Disease:

please specify: _____

Myocardial Infarction (Heart Attack)

Hypertension (High Blood Pressure)

Diabetes

High Cholesterol

Cancer (Malignancy)

please specify: _____

Stroke

Coagulation (Bleeding/Clotting)

Depression/Suicide Attempt

Alcoholism

Hepatitis A, B, or C (specify) _____

Date of Last Colonoscopy: _____

Date of last Tetanus Shot: _____

Date of last HIV Test: _____

Date of Blood Transfusion: _____

Other: _____

SURGICAL HISTORY: Please list all prior surgeries and dates.

| Surgery | Date |
|---------|------|
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IMMUNIZATIONS: Please list your most recent immunizations, not including those administered at Lowell General Hospital. Please include your best estimate of the month and year of each immunization.

Hepatitis A: _____ Measles: _____ Mumps: _____ Rubella: _____ MMR: _____

Hepatitis B: _____ Pneumovax: _____ Tdap: _____ Varicella: _____ Other: _____

WOMEN'S HEALTHY GYNECOLOGIC/OBSTETRIC HISTORY: (For Women Only)

of Pregnancies: _____ # of Deliveries: _____ # of Abortions: _____ # of Miscarriages: _____ Age at 1st menses: _____

Frequency of menses: _____ Length of menses: _____ Date of last menses: _____ Date of last mammogram: _____

Do you have any concerns about your period or menopause? ☐ Yes ☐ No Please explain: _____

Have you ever had an abnormal pap smear? ☐ Yes ☐ No If circled yes, when was it? _____

FAMILY HISTORY: Please indicate with a check (✓) who in your family has had the following conditions. In the first column please indicate their living status. L = Living, D = Deceased, U = Unknown.

| | Living Status | Asthma | Diabetes | High Blood Pressure | Heart Disease | Stroke | Heart Attack | Cancer (Type) | Colon Polyps | Depression | Other |
|---|---------------|--------|----------|---------------------|---------------|--------|--------------|---------------|--------------|------------|-------|
| Mother | | | | | | | | | | | |
| Father | | | | | | | | | | | |
| Siblings | | | | | | | | | | | |
| Maternal Grandmother | | | | | | | | | | | |
| Maternal Grandfather | | | | | | | | | | | |
| Paternal Grandmother | | | | | | | | | | | |
| Paternal Grandfather | | | | | | | | | | | |
| Other Family Members Information: (please write in) | | | | | | | | | | | |

SOCIAL HISTORY:

Exercise:
 Do you exercise regularly? ☐ Yes ☐ No
Tobacco Use:
☐ Current ☐ Never ☐ Former: quit on: _____
 *If current # of packs/day ____ # of years _____
Other Tobacco: ☐ Pipe ☐ Cigar ☐ Snuff ☐ Chew
 Are you interested in quitting? ☐ No ☐ Yes

Drug Use:
 Do you use any recreational drugs?
☐ Yes ☐ No
 If yes please list _____
 If you have used in the past, how long have you been drug free? _____
 Have you ever used needles for IV drug use? ☐ Yes ☐ No

 Have you ever been physically or sexually abused? ☐ Yes ☐ No
 Do you have a gun in your home?
☐ Yes ☐ No
 Are you a member of a gang? ☐ Yes ☐ No
 Other concerns: _____

Alcohol Use
 Do you drink alcohol? ☐ Yes ☐ No
 If yes, # of drinks per week: _____
 What type of alcohol: _____
 Is alcohol a concern for you or others who surround themselves around you?
☐ Yes ☐ No

SAFETY

Do you wear a seatbelt regularly? ☐ Yes ☐ No
 Do you wear a bike helmet regularly?
☐ Yes ☐ No
 Do you feel safe at home? ☐ Yes ☐ No
 Do you feel safe in your current relationship?
☐ Yes ☐ No

SEXUALITY

Are you sexually active? ☐ Yes ☐ No
 Current sex partner(s) are: ☐ male ☐ female
 If sexually active do you practice safe sex?
☐ Yes ☐ No
 Other Concerns: _____

Birth Control Method: _____
 Have you ever had a sexually transmitted disease? ☐ Yes ☐ No
 If yes, please include: _____
 Are you interested in being screened for sexually transmitted diseases? ☐ Yes ☐ No

SOCIOECONOMICS

Occupation: _____
 Degree of education completed: _____
 Marital Status: _____
 Spouse/Partner’s Name: _____
 Who lives at home with you? _____

Other Services

Have you had a recent eye exam? ☐ Yes ☐ No
 Have you had a recent dental exam?
☐ Yes ☐ No
 Do you see any other specialists? _____

EMOTIONS

In the past year, have you had 2 or more weeks during which you felt sad or depressed; or you lost all interest or pleasure in things that you usually cared about or enjoyed? ☐ Yes ☐ No
 Have you had 2 or more years in your life when you felt depressed or sad most days, even if you felt okay sometimes? ☐ Yes ☐ No
 Have you felt depressed or sad much of the time in the past year? ☐ Yes ☐ No
 Do you ever feel like hurting yourself or others? ☐ Yes ☐ No

REVIEW OF SYSTEMS: Please indicate with a check (✓) any current problems you have below.

Constitutional

Fevers/chills/sweats
Unexplained weight loss/gain
Fatigue/weakness
Excessive thirst or urination
Other: _____

Cardiovascular

Chest pain/discomfort
Leg pain with exercise
Heart murmur or heart problems
Palpitations
Other: _____

Chest

Breast lump/discharge
Other: _____

Ears/Nose/Throat/Mouth

Difficulty hearing/ringing in ears
Hay fever/allergies
Problems with teeth/gums
Difficulty swallowing
Difficulty with speech
Other: _____

Endocrine

Hypothyroid
Hyperthyroid
Abnormal hormone levels
Abnormal blood glucose levels
Other: _____

Eyes

Changes in vision
Farsighted
Nearsighted
Other: _____

Gastrointestinal

Abdominal pain
Blood in bowel movement
Nausea/vomiting/diarrhea
Other: _____

Genitourinary

Nighttime urination
Incontinence
Sexual function problems
Discharge from penis
Other: _____

Gynecological

Abnormal vaginal bleeding
Problems with conceiving
Problems with contraception
Vaginal discharge
Vaginal odor
Painful intercourse
Other: _____

Lymphatic/Blood

Unexplained lumps
Easy bruising/bleeding
Anemia
Other: _____

Musculo-skeletal

Muscle/joint pain
Arthritis
Other: _____

Neurological

Headaches
Dizziness/light-headedness
Numbness
Memory loss
Loss of coordination
Epilepsy or convulsive seizures
Other: _____

Psychiatric

Anxiety/stress
Problems with sleep
Depression
Suicidal ideations
Other: _____

Respiratory

Cough/wheeze
Difficulty breathing
Asthma
COPD
Sleep apnea
Other: _____

Skin

Rash or mole change(s)
Psoriasis
Eczema
Other: _____
