

FOOD MENU FORM

Check the meals below according to the number of days you will be out. Menu choices apply to the **entire party**. Meals may be repeated (note exceptions). Trips leave after breakfast on the first day and return before dinner on the last day, so these meals should be omitted. (i.e., 5 night/6 day trip would have 5 breakfasts & dinners and 6 lunches marked.) **Please note with our dinners you are able to customize your vegetable and desserts with the codes provided.** **If the Food Menu Form isn't completely filled out and returned to us within 14 days of your trip, we will make it up for you.**

BREAKFASTS

- | | |
|--|---|
| <input type="checkbox"/> 1. Fresh Eggs,
(Day 2)
English muffin,
bacon, beverage | <input type="checkbox"/> 2. Huevos Rancheros
egg scramble
beverage |
| <input type="checkbox"/> 3. Scrambled eggs,
hot caramel bread,
beverage | <input type="checkbox"/> 4. Buttermilk Pancakes,
sausage, syrup,
beverage |
| <input type="checkbox"/> ♦ 5. Granola Cereal
with milk, breakfast bar,
beverage | <input type="checkbox"/> ■ 6. Oatmeal,
toast & jelly,
beverage |

♦ Quick, No cooking ■ Quick, Hot breakfast

LUNCHES

- | | |
|---|---|
| <input type="checkbox"/> 1. Sliced Meat Tortilla
Wrap, granola bar,
fruit drink | <input type="checkbox"/> 2. Summer Sausage &
Cheese wrap, cookies,
fruit drink |
| <input type="checkbox"/> 3. Peanut Butter & Jelly
Sandwich, trail mix
fruit drink | <input type="checkbox"/> 4. "Quick Trail Lunch"
Trail bar, trail mix,
beef jerky, fruit drink |
| <input type="checkbox"/> ♦ 5. Macaroni & Cheese,
bread & butter,
cookies, fruit drink | <input type="checkbox"/> ♦ 6. Chili
Beef jerky, fruit snacks,
fruit drink |

♦ HOT LUNCH

DINNERS

(Make sure to fill in your code choice for your Vegetable & Dessert!)

- | | | |
|---|---|---|
| <input type="checkbox"/> 1. 1st Night Only (Circle one) Choice Steaks
or Chicken Breast Fillets, potatoes,
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 4. Fresh Fish Dinner (your catch),
hash browns,
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 7. Lasagna & Italian Sauce,
bread & butter,
beverage, VEGETABLE: ____, DESSERT: ____ |
| <input type="checkbox"/> 2. 1st or 2nd Night Only
Polish sausage, mashed potatoes,
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 5. Spaghetti & Sauce,
bread & butter,
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 8. Chicken w/Rice,
bread & butter,
beverage, VEGETABLE: ____, DESSERT: ____ |
| <input type="checkbox"/> 3. Beef Stroganoff w/noodles,
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 6. Beef, Potatoes & Gravy
beverage, VEGETABLE: ____, DESSERT: ____ | <input type="checkbox"/> 9. Homestyle Turkey,
beverage, VEGETABLE: ____, DESSERT: ____ |

Customized Dinner Codes

Dessert Codes: 1= Mocha Mousse Pie, 2= Apple Crumble, 3= Three Berry Crumble, 4= Vanilla Pudding, 5= Lemon Pie, 0= None Desired

Vegetable Codes: C= Corn, GB= Green Beans, P= Peas, 0= None Desired

★ REMEMBER, THE MORE EXTRA ITEMS YOU CHOOSE TO TAKE ALONG, THE **HEAVIER** YOUR FOOD PACK BECOMES. ★

BEVERAGES: Please indicate how many people would like which beverage at breakfast & dinner. **Fruit drinks are packed for all lunches.** Please check if you prefer to have "sugar" (heavier in wt.) ____ or Nutrasweet (lighter in wt.) ____ for your fruit drinks.

Breakfast: Tang ____ Hot Chocolate ____ Hot Cider ____ Tea Bags ____
Reg. Coffee ____ Decaf Coffee ____

Dinner: Fruit Drinks ____ Hot Chocolate ____ Hot Cider ____ Tea Bags ____
Reg. Coffee ____ Decaf Coffee ____

BREADS: Please check preference.
White ____ Wheat ____

EXTRA OPTIONS: Please check the items that you wish us to pack.

Aluminum foil ____ Artificial Sweetener ____ Creamer ____ Cup-a-Soup ____
Fresh Onions ____ Honey ____ Sugar ____ Ketchup ____
Lemon Juice ____ Marshmallows ____ Mustard ____ Popcorn ____
Miracle Whip ____ Jelly ____ Tartar Sauce ____ Extra Fish Breeding & Oil ____

STAPLES: These items are always packed. Please *cross-off* those items that are not desired.

- | | | | | | |
|--------------|--------------|-------------------|-----------------|----------------|---------------------|
| ♦ Crackers | ♦ Dish towel | ♦ Extra beverages | ♦ Firestarter | ♦ Extra Snacks | ♦ Liquid & bar soap |
| ♦ Margarine | ♦ Matches | ♦ Paper Towels | ♦ Salt & Pepper | ♦ SOS Pads | ♦ Toilet tissue |
| ♦ Trash Bags | | | | | |

* Please advise us of any special dietary needs and we will do our best to accommodate them. Vegetarian meals are available upon request.