ACUPUNCTURE INTAKE FORM

MEDICAL RECORD - HOSPITAL USE ONLY

CLIENT ID # _____

CLIENT NAME: _____

PATIENT NAME: _____

APPT DATE/TIME: _____

TO HELP US PROVIDE THE BEST CARE, PLEASE READ AND COMPLETE THE FOLLOWING (FRONT & BACK).

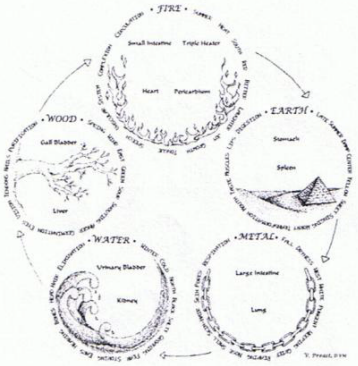
CURRENT DIET / SUPPLEMENTS: _____

CURRENT MEDICATIONS, DOSAGES & LAST GIVEN: _____

_____

MAJOR CONCERNS / COMPLAINTS: _____

CHECK THE BOXES THAT BEST DESCRIBE THE CURRENT SYMPTOMS & DISPOSITIONS OF YOUR PET:



Fire	
Normals	Abnormals
☐ lively	☐ insomnia
☐ communicative	☐ separation anxiety
☐ very friendly	☐ restless
☐ affectionate	☐ excess heat
☐ loves to be petted	☐ rapid heart rate
☐ center of the party	☐ heart problems

Wood	
Normals	Abnormals
☐ decisive	☐ ligament problems
☐ assertive	☐ liver problems
☐ confident	☐ red eyes
☐ strong	☐ angers easily
☐ impulsive	☐ ear problems
☐ athletic-stamina	☐ nail problems
☐ alpha animal	☐ footpad problems
	☐ anal sac issues

Earth	
Normals	Abnormals
☐ relaxed, laid back	☐ diarrhea
☐ sociable	☐ constipation
☐ round and large	☐ loss of appetite
☐ loyal	☐ vomits
☐ serene and balanced	☐ gum disease
☐ cares for others (motherly)	☐ weak muscles
	☐ overeats-obese
	☐ worries

Water	
Normals	Abnormals
☐ careful	☐ rear weakness
☐ curious	☐ fearful
☐ self contained	☐ bone and back issues
☐ likes to hide	☐ urinary problems
☐ meditative	☐ disturbed growth
☐ slow and consistent	☐ deafness
	☐ reproductive problems

Metal	
Normals	Abnormals
☐ loves order	☐ asthma
☐ obeys the rules	☐ dry skin
☐ aloof	☐ sinus problems
☐ symmetrical body	☐ breathing disorder
☐ disciplined attitude	☐ nose problems
☐ good haircoat	☐ cough

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PLEASE CIRCLE ALL TRAITS THAT APPLY TO YOUR PET:

	YANG (HEAT)	YIN (COLD)	NORMAL
PREFERENCES:	SHADE OR COOL LOCATIONS (CONCRETE/TILE)	SUN OR WARM LOCATIONS (CARPET)	NO PREFERENCE/NEITHER
PERSONALITY:	HYPERACTIVE, OUTGOING, CONFIDENT, STRONG (FIRE/WOOD)	QUIET, TIMID LESS CONFIDENT (EARTH/WATER)	
DIET:	DRY FOOD, HOT FOOD (CHICKEN, MUTTON, DEER)	ICED FOOD OR WATER, COLD FOOD (FISH, TOFU), COLD RAW	
THIRST:	THIRSTY	LESS THIRSTY	NORMAL
APPETITE:	RAVENOUS	FINICKY	GOOD/NORMAL
FECES:	DRY / BLOODY / MALODOROUS	LOOSE / DIARRHEA	NORMAL
URINE:	SHORT STREAM / MALODOROUS / BLOODY	LONG STREAM / URINARY LEAKAGE	NORMAL
MEDICATIONS:	STEROIDS, YANG/QI TONIC HERBS	ANTIBIOTIC, HEAT-CLEARING/YIN TONIC HERBS	
AGE:	YOUNG (1-6 YEARS OLD)	SENIOR (7 YEARS AND OLDER)	
DISEASE COURSE:	SHORT / ACUTE	LONG / CHRONIC	

WATER INTAKE:	NORMAL	LOVES TO DRINK	NO THIRST	INCREASED	DECREASED
FOOD INTAKE:	NORMAL	FINICKY	POOR	RAVENOUS	
VOICE:	LOUD/VOCAL	WEAK	CHANGED		
COUGH:	DRY	WET	LOUD	PRODUCTIVE (FOAM/PHLEGM)	
	WEAK	DAYTIME	NIGHTTIME	WORSE AT NIGHT	
RESPIRATION:	NORMAL	HEAVY	STRONG	WEAK	
	SUPERFICIAL	SHORT OF BREATH ON WALKS			
FECES:	NORMAL	WATERY	LOOSE	DRY	CONSTIPATION
	BLOODY	MUCOUS	INCONTINENT	MALODOROUS	
URINATION:	NORMAL	LONG	SHORT	INCONTINENT	
	BLOODY	MALODOROUS			
EXERCISE:	NORMAL	LOTS	TOO LITTLE	INTOLERANT (QUITS OR REFUSES)	
SLEEP:	NORMAL	TOO MUCH	TOO LITTLE	RESTLESS AT NIGHT	
	VOCALIZES AT NIGHT	LIKES SOFT BED OR HARD BED		MUSCLE JERKING DURING SLEEP	
VOMITING:	NONE	FREQUENT	SPORADIC	AM/PM	JUST AFTER EATING
	VOLUME:	MUCH / LITTLE	FOOD / WATER OR BOTH	WITH UNDIGESTED FOOD	
STIFFNESS:	ACUTE	CHRONIC	NONE		
	WORSE:	IN MORNING / EVENING	WHEN COLD / HOT		
		WHEN DAMP	WORSE WITH EXERCISE	WHEN FIRST GETS UP THEN BETTER	
MASSAGE:	LIKES	DISLIKES			