

Return to work form

Employers have a duty to make reasonable adjustments for you after your stroke as stated in The Equality Act 2010. At your return to work meeting, your employer should gather as much information to make sure that you receive the right support going forward.

Make sure you discuss the impact of your stroke, so your employer is aware of the reasonable adjustments that need to be made.

This form has been created for you to take, to your return to work meeting. It will allow you to:

- Explain the impact of your stroke.
- Suggest adjustments that will make it easier for you to do your job.
- Offer further information from your doctor, specialist or other health expert.
- Review the effectiveness of the adjustments agreed.
- Explain any change in your circumstances.
- Be reassured that your manager knows what to do if you become unwell at work and who to contact if necessary.

Guidelines:

- Take time before your meeting to carefully complete the sections on pages two, three and four of the form. Complete the 'Reasonable Adjustments' section on the last page during your meeting. If you're not comfortable doing this, bring someone along to the meeting who can write notes on your behalf (let your employer know before).
- Bring any relevant documents, including doctor's notes/certificates.
- Keep a copy of this form so you can refer to what you've written.
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Return to work meeting

Date and time

People present

My Disability in the Workplace

My stroke will have the following impact on me at work:

1

2

3

4

5

I would like the following support to assist me with me with my recovery.

(Refer to Access to Work agreement/ Occupational Health/ Doctor's recommendations if relevant)





Wellness at Work

The following are indications that I may be becoming unwell:

--

Reasonable Adjustments

Write down below, the Reasonable adjustments your employer will make.

Actions	Date of completion	By whom

