



**Susan E. Vickers, DMD, PA**  
**Orthodontist-Board Certified Pediatric Dentist**

### **Nitrous Oxide Sedation Consent and Contract**

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Nitrous oxide also known as “laughing gas” is used as a relaxation technique for children or adults with mild anxiety. Nitrous Oxide helps the child to overcome this mild anxiety very effectively without inducing sleep. Nitrous oxide, in addition, changes the perception of pain, hence helping to ease local anesthetic and other dental procedures. In most cases, “gag reflex” can be easily managed as well. Please understand that it may not be 100% effective.

Once in the operatory, it is very important that the child hear the doctor, and to eliminate unnecessary distractions. This is due to Nitrous oxide distorting perception. It is in turn important to keep younger siblings outside and the noise level very low.

Nitrous oxide sedation is the most desirable type of sedation, since it is highly reversible. Once planned treatment is complete the nitrous oxide is flushed out with Oxygen. This recovery time is within minutes.

**To reduce the chances of nausea and vomiting, we highly advise our patients not eat two hours prior to dental treatment.**

**We will call you approximately 2 business days prior to your appointment to confirm.**

**\*You must in turn, call the office to confirm this appointment within 24 hours of the scheduled appointment, if a verbal confirmation is not obtained you're appointment will be cancelled.**

**If you do not call us and/or No Show for your appointment, your appointment will not be rescheduled.**

The above has been explained to me. I have read and understand the above and have no questions or concerns. I give consent for my child to receive Nitrous Oxide Sedation.

\_\_\_\_\_  
(Parent or Guardian Signature)

\_\_\_\_\_  
(Date)