

**Adult Health History (16 years or older)**

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **Sex** **M** \_\_\_\_\_ **F** \_\_\_\_\_

**Past Medical History** (Check all items that apply to you and fill in blanks as needed.):

_____ Allergies	_____ Hepatitis A B C / Jaundice
_____ Anemia or blood problems	_____ HIV / AIDS
_____ Arthritis	_____ Hypertension
_____ Asthma	_____ Hypothyroid / Hyperthyroid
_____ Birth defects _____	_____ Inherited disease
_____ Blood transfusion, year _____	_____ Kidney disease / stones
_____ Cancer / tumor, explain _____	_____ Mental illness / depression
_____ Chicken pox	_____ Pap smear abnormal
_____ Colon disease	_____ Peptic Ulcer Disease/GERD
_____ COPD, Emphysema, lung disease	_____ Sexually transmitted disease (STD)
_____ Diabetes type _____ how long _____	_____ Sickle Cell Anemia / trait
_____ Drug / alcohol abuse	_____ Skin disease, eczema, psoriasis
_____ Epilepsy	_____ Stroke
_____ Hearing loss	_____ Other _____
_____ Heart disease / attack	_____

**Past Surgical / Hospitalization History:**

_____ Angioplasty	_____ Hernia R / L _____
_____ Appendectomy	_____ Hysterectomy (uterus)
_____ Back procedure _____	_____ Hysterectomy (ovaries)
_____ Breast procedure R / L _____	_____ Knee R/L _____
_____ Cervical freezing / LEEP	_____ Psychiatric treatment in/outpatient
_____ Fracture _____	_____ Vasectomy
_____ Gallbladder	_____ Other _____

PATIENT NAME: \_\_\_\_\_

**Last Lab work/Radiology:**

Lipid / Cholesterol Panel \_\_\_\_\_ TSH \_\_\_\_\_ CBC \_\_\_\_\_  
Chest X-Ray \_\_\_\_\_ EKG \_\_\_\_\_  
Colonoscopy \_\_\_\_\_ Bone Density \_\_\_\_\_

**Females Only:**

Age at first period: \_\_\_\_\_ Birth Control Method: \_\_\_\_\_  
Number of: Pregnancies \_\_\_\_\_ Live births \_\_\_\_\_ Miscarriages \_\_\_\_\_ Abortions \_\_\_\_\_  
Date of last: Period \_\_\_\_\_ Pap smear \_\_\_\_\_ Mammogram \_\_\_\_\_

**Males Only:**

Last Physical Exam \_\_\_\_\_ Prostate Exam \_\_\_\_\_ PSA \_\_\_\_\_

**Drug Allergies:**

\_\_\_\_\_ No known drug allergies

Name of Drug	Reaction
_____	_____
_____	_____
_____	_____

**Current Medications:** *(please include all prescription, birth control pills, over the counter, herbs and vitamins)*

Medication Dose and Frequency	Medication Dose and Frequency
_____	_____
_____	_____
_____	_____

**Immunizations / Injections:** *(please put year of last injection)*

_____ Tetanus Booster	_____ Hepatitis B	_____ Other _____
_____ Flu Vaccine	_____ Hepatitis A	
_____ Pneumonia Vaccine	_____ TB Skin Test	

**PATIENT NAME:** \_\_\_\_\_

**Social History**

**Tobacco:** Cigarettes / Chew / Snuff: How much per day: \_\_\_\_\_ for how long: \_\_\_\_\_

**Alcohol:** How many per day / week / month: \_\_\_\_\_

**Caffeine:** Number of cups of coffee per day / week / month: \_\_\_\_\_

Number of cups of tea per day / week / month: \_\_\_\_\_

Number of cups of soda per day / week / month: \_\_\_\_\_

**Do you exercise?** Yes / No How Often: \_\_\_\_\_

**Are you sexually active?** Yes / No New Partner in the last year? Yes / No

**Are you a victim of abuse?** Yes / No \_\_\_\_\_ Physical Sexual \_\_\_\_\_ Mental \_\_\_\_\_ Verbal

Who is / was the abuser? \_\_\_\_\_

**Do you use a seat belt?** Yes / No

**Have you been exposed to hazardous materials?** \_\_\_\_\_

**Have you served in the military service? What branch?** \_\_\_\_\_

**Are you on a special diet / vegetarian?** \_\_\_\_\_

**Do you travel to foreign countries? Where?** \_\_\_\_\_

**Family History**

	Living Age	Healthy/Illness	Deceased Age	Healthy/Illness
Father:	_____	_____	_____	_____
Mother:	_____	_____	_____	_____
Father's Father:	_____	_____	_____	_____
Father's Mother:	_____	_____	_____	_____
Mother's Father:	_____	_____	_____	_____
Mother's Mother:	_____	_____	_____	_____

**PATIENT NAME:** \_\_\_\_\_

	Living Age	Healthy/Illness	Deceased Age	Healthy/Illness
Brothers:	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
Sisters:	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
Children:	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____

Signature of Patient or Parent: \_\_\_\_\_ Date: / \_\_\_\_ / \_\_\_\_

Provider Review Signature: \_\_\_\_\_ Date: / \_\_\_\_ / \_\_\_\_