

Academic Counseling Intake Form

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name: \_\_\_\_\_  
First Middle Initial Last

Name you prefer to be called: \_\_\_\_\_

Student ID: \_\_\_\_\_

**Client Information Form**

*You may omit any item, but by providing all the information requested you can help to better serve you.*

What is your main reason for seeking academic counseling?

What other significant concerns do you have?

What do you hope to accomplish through counseling?

Relationship Status: \_\_\_\_\_

Dependent Children: \_\_\_\_\_

Are you currently experiencing a crisis?    Y        N

If yes, describe the nature of the crisis:

How satisfied are you with your academic progress so far?

What barriers, if any, are impeding your academic progress?

What are your long-term education and vocational goals?

Have you ever been diagnosed with a learning disability? If so when and what was the diagnosis?

Can you provide official documentation?    Y        N

Do you have academic accommodations and are you currently utilizing them?

**Personal Concerns Checklist**

*Please place an X in the blank to note any applicable concerns*

- \_\_\_depression
- \_\_\_anxiety
- \_\_\_lack of concentration/poor focus
- \_\_\_lacking self-confidence
- \_\_\_irritable/angry
- \_\_\_difficulty making decisions
- \_\_\_poor time management skills
- \_\_\_feeling sad or blue
- \_\_\_problems with falling asleep/staying asleep
- \_\_\_issues with eating/food
- \_\_\_concerns with alcohol or substance use
- \_\_\_health concerns
- \_\_\_financial issues
- \_\_\_unable to express my feelings/stand up for myself
- \_\_\_relationship concerns
- \_\_\_difficulty with friends
- \_\_\_family problems
- \_\_\_discrimination
- \_\_\_spiritual concerns
- \_\_\_racial, cultural, or ethnic concerns
- \_\_\_loss/death of a significant person
- \_\_\_harassment/stalking
- \_\_\_feeling overwhelmed
- \_\_\_lack of motivation
- \_\_\_physical/emotional/verbal abuse
- \_\_\_thoughts of harming self or others
- \_\_\_have deliberately hurt myself
- \_\_\_other: \_\_\_\_\_