



Verification Form for Psychological Disabilities

The University of Vermont (UVM) supports students seeking accommodation for disabilities, including disabilities resulting from psychological or mental health conditions.

Student Accessibility Services at UVM, strives to insure that qualified students with disabling psychological conditions are accommodated in a manner that supports therapeutic treatment. Student Accessibility Services does not modify requirements that are essential to the program of instruction or provide accommodations for persons whose impairments do not substantially limit one or more major life functions. Students whose conditions create a substantial or severe limitation to learning or to other major life activities may request modifications or accommodations to courses and activities at UVM.

Students who wish to receive academic adjustments due to a psychological disorder should have this form completed by a qualified health care provider, which may be the diagnosing psychiatrist, licensed psychologist, or certified (clinical) social worker (CSW or ACSW). *The individual completing this form must have first-hand knowledge of the student's condition and will be an impartial professional who is not related to the student.*

Once this completed form is received, the student will have a meeting with a Student Accessibility Services staff member who will assist in making determination of reasonable and appropriate academic accommodations.

If you have any questions regarding the nature of the information needed for students with Psychological Disabilities, please contact Student Accessibility Services. This form should be returned to Student Accessibility Services via mail, email or fax.

Student Accessibility Services

Center for Academic Success

633 Main Street

A170 Living/Learning Building

Burlington, VT 05405-0365

Phone: (802) 656-7753

Fax: (802) 656-0739

Email: access@uvm.edu

Office Hours: Monday through Friday from 8:00 A.M. to 4:30 P.M



Student Information (This section to be completed by the student)

Permission to release information to the University of Vermont

Name: (please print) _____ Date: _____

Signed: _____ UVM Student #: 95 _____

Phone/Email: _____

*******TO BE COMPLETED BY A CERTIFIED PROFESSIONAL*******

Certifying Professional (please print):

Name: _____ Credentials: _____

Address: City: _____ State: _____ Zip Code: _____

License/Certification number and state of licensure: _____

Date of initial contact with student: _____ Date of last contact with student: _____

DSM V diagnosis: _____ Date of Diagnosis: _____

Basis on which diagnosis was made: _____

Level of Severity (circle one) Mild Moderate Severe

Duration of impairment is: ☐ Permanent ☐ Temporary ☐ Chronic ☐ Episodic ☐ Temporary

Note Duration: _____ or Re-evaluation date: _____



Prognosis for condition (Include likelihood for improvement or further deterioration and within what approximate time frame.): _____

History of treatment (please include in-patient hospitalizations and out-patient visits, dates and length of stay): _____

1. Implications for Educational Success:

Please check which major life activities listed below are affected because of the psychological diagnosis.

Please indicate the level of limitation.

| Life Activity | No Impact | Minimal Impact | Moderate Impact | Severe Impact | Don't Know |
|----------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Memory | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Concentration | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sleeping | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Eating | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Social Interactions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Timely submission of assignments | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Understanding directions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Managing external distractions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Managing internal distractions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Making & keeping appointments | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Stress Management | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Organization | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Please describe): | | | | | |



2. **What are limitations that this student will encounter in taking exams and participating in other classroom activities, which are caused by his/her psychological disorder or the medications that he/she is taking. Please be specific as to exact nature of the limitations and how severe they are:**

3. **Recommended accommodations (Final determination of reasonable and appropriate accommodations will be determined by Student Accessibility Services). Each recommended accommodation should include an explanation of its relevance to the disability.**

| Recommendations | Relevance |
|-----------------|-----------|
| | |
| | |
| | |
| | |
| | |
| | |

Signature of Certifying Professional

Date

Street Address

Address (City, State, Zip)

Email Address

This document may not be released without written permission from the student or by order of a court. It will be destroyed seven years after the student is no longer enrolled at the University.