

READING ATHLETIC CLUB - RISK ASSESSMENT FORM, F01
ENDURANCE TRAINING OUTSIDE PALMER PARK STADIUM

COACH(ES) AND ASSISTANT(S) PRESENT:

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SESSION DATE :.....

SESSION DETAILS:

VENUE :

WEATHER CONDITIONS :

UNDERFOOT CONDITIONS :

LIGHTING CONDITIONS:

DEGREE OF RISK BEFORE ACTION TAKEN:

LOW.....MEDIUM.....HIGH.....(Tick)

ACTION TAKEN TO MINIMISE RISK , e.g. yellow bibs, athletes register/home telephone numbers, mobile phone, first aid kit, athletes have warm clothing if required

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DEGREE OF RISK AFTER ACTION TAKEN TO AVOID OR TO MINIMISE RISK:

LOW.....MEDIUM.....HIGH..... (Tick)

SIGNED : DATE.....

RAC References:

Procedure PR01, for the Control of Health & Safety Risks
Guide G01, Introduction to Risk Assessment
Guide G02, Risks and Controls for Endurance