

Feedback Form

Course Title: **Self Defense Training for Women**

Date: **February, 24, 2011**

Name of the Participant: Pallavi R. Kary

Company Name: ILDPS

1. Please give your Feedback on the Course Content and Usefulness:

Parameter	Excellent	V.Good	Good	Average	Not Necessary
Was the course content clear	✓				
Overall, are you satisfied with this program	✓				
Did the Course improve your knowledge	✓				
Was the program of value for you	✓				
Are you now confident to deal with potential danger		✓			
How did you find the use of cases & exercises	✓	✓			
The time allotted for skill practice was		✓			
The program length was	✓				
The pace of delivery was	✓				

2. Please give your Feedback on the instructor / faculty member:

Faculty Name :	Excellent	Very Good	Good	Average	Supportive and helpful
Course Presentation	✓				
Knowledge on the subject	✓				
Held Interest	✓				
Presenter was well prepared	✓				
Used energy to motivate the group	✓				

3. Do you think every women should do this course: Yes / No

4. Do you think that we should have an advanced course on self defense for women: Yes / No

Your comments / Suggestions, if any:

Feedback Form

Course Title: **Self Defense Training for Women**

Date: **February, 24, 2011**

Name of the Participant: Meghna Wadke Company Name: IETS

1. Please give your Feedback on the Course Content and Usefulness:

Parameter	Excellent	V.Good	Good	Average	Not Necessary
Was the course content clear	✓				
Overall, are you satisfied with this program	✓				
Did the Course improve your knowledge	✓				
Was the program of value for you	✓				
Are you now confident to deal with potential danger		✓			
How did you find the use of cases & exercises		✓			
The time allotted for skill practice was		✓			
The program length was	✓				
The pace of delivery was	✓				

2. Please give your Feedback on the instructor / faculty member:

Faculty Name :	Excellent	Very Good	Good	Average	Supportive and helpful
Course Presentation	✓				
Knowledge on the subject	✓				
Held Interest	✓				
Presenter was well prepared	✓				
Used energy to motivate the group	✓				

3. Do you think every women should do this course: Yes / No

4. Do you think that we should have an advanced course on self defense for women: Yes / No

Your comments / Suggestions, if any:

Keep up the good work (i)

Feedback Form

Course Title: **Self Defense Training for Women**
Name of the Participant: Hiral Sawant

Date: **23rd June, 2011**
Company Name: ORIX

1. Please give your Feedback on the Course Content and Usefulness:

Parameter	Excellent	V.Good	Good	Average	Not Necessary
Was the course content clear	✓				
Overall, are you satisfied with this program	✓				
Did the Course improve your knowledge		✓			
Was the program of value for you	✓				
Are you now confident to deal with potential danger	✓				
How did you find the use of cases & exercises	✓				
The time allotted for skill practice was ...		✓			
The program length was ...	✓				
The pace of delivery was ...	✓				

2. Please give your Feedback on the instructor / faculty member:

Faculty Name :	Excellent	Very Good	Good	Average	Supportive and helpful
Course Presentation	✓				
Knowledge on the subject	✓				
Held Interest	✓				
Presenter was well prepared	✓				
Used energy to motivate the group	✓				

3. Do you think every women should do this course: Yes / No

4. Do you think that we should have an advanced course on self defense for women: Yes/ No

Your comments / Suggestions, if any:

Very knowledgeable & interesting
Self Confidence raised
Enjoyed the most.

Sawant

Smrita Joshi

For **She**
Empowering women

FOR -SHE TRAVELS AND LOGISTICS PVT. LTD



Feedback Form

Course Title: **Self Defense Training for Women**
Name of the Participant: Smrita Joshi

Date: **13th July, 2011**
Company Name: UTIAM Ltd

1. Please give your Feedback on the Course Content and Usefulness:

Parameter	Excellent	V.Good	Good	Average	Not Necessary
Was the course content clear		✓			
Overall, are you satisfied with this program		✓			
Did the Course improve your knowledge		✓			
Was the program of value for you		✓			
Are you now confident to deal with potential danger		✓			
How did you find the use of cases & exercises		✓			
The time allotted for skill practice was ...		✓			
The program length was ...		✓			
The pace of delivery was ...		✓			

2. Please give your Feedback on the instructor / faculty member:

Faculty Name :	Excellent	Very Good	Good	Average	Supportive and helpful
Course Presentation		✓			
Knowledge on the subject		✓			
Held Interest		✓			
Presenter was well prepared		✓			
Used energy to motivate the group		✓			

3. Do you think every women should do this course: Yes / No

4. Do you think that we should have an advanced course on self defense for women: Yes / No

Your comments / Suggestions, if any:

~~It~~ felt course time was short.