

## New Patient Health Questionnaire

### Part I

Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ New Patient \_\_\_\_\_ Established \_\_\_\_\_

**PLEASE NOTE:**

This is a confidential record of your medical history and will be kept in this office.  
Information contained here will not be released to any person except when you have authorized us to do so.

What medical concerns bring you to our office? \_\_\_\_\_

Marital Status: (circle) S M D W Occupation: (if retired, previous occupation) \_\_\_\_\_

If disabled, check here: \_\_\_\_\_ Nature of disability \_\_\_\_\_ Birthplace: \_\_\_\_\_

Do you exercise routinely? (circle) No Yes If Yes, what exercise/how often? \_\_\_\_\_

Have you ever smoked? (circle) No Yes Cigar Pipe Cigarettes If Yes: #cigarettes/day \_\_\_\_\_ #yrs. \_\_\_\_\_

If you have never smoked, skip this question: Do you still smoke now? (circle) No Yes If No, when did you quit? \_\_\_\_\_

Have you completed Advanced Directives or do you have a Living Will? (circle) No Yes Which? \_\_\_\_\_

Caffeine: Do you drink (circle) caffeinated coffee, teas or sodas regularly? (circle) No Yes #/day \_\_\_\_\_

Tell us a little about your home environment: (e.g. live alone, with family, single parent, house, apt., etc.) \_\_\_\_\_

Are you under a lot of pressure at work or at home? (circle) No Yes, Which? \_\_\_\_\_

### Medical Information

**Allergies:** Are you allergic to any drugs? (circle) No Yes Please list: \_\_\_\_\_

**Medications** (list all medications you are taking regularly. Include over the counter, herbal or natural remedies.)


**Medical Illnesses or Conditions** (list any chronic conditions which you have been diagnosed to have)


**Have you ever had or been diagnosed to have:** (check box by all that apply)

Cataracts		Heart Disease		Ulcers		Anemia		Depression	
Glaucoma		Heart Murmur		Digestive Disorder		Bleeding Disorders		Frequent Infection	
Asthma		High Blood Pressure		Hemorrhoids		Bone or		Cancer (type)	
Allergies		Pneumonia		Kidney Disease		Joint Disease			
Stroke		TB/Lung Disease		Kidney Stone(s)		German Measles		High Cholesterol	
Seizures/Epilepsy		Pleurisy		Diabetes or		Rheumatic Fever		Prostate Enlargement	
Heart Attack or		Jaundice or		PreDiabetes		Chicken Pox			
Angina		Liver Disease		Thyroid Disease		Syphilis			

**Operations:***Please list any surgery and approximate year*

Year	Surgery	Year	Reason	Hospital
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**Hospitalizations:***Other than operations*

Year	Surgery	Year	Reason	Hospital
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Family Medical History	Age	Health (list significant illness)	Age at Death	If deceased, cause	Comments
Father					
Mother					
Brothers or Sisters					
Spouse					
Children					

**Has any blood relative ever had?** *(check if Yes and indicate relationship)*

\_\_\_ Alzheimer's \_\_\_\_\_    \_\_\_ Heart Attack before age 55 \_\_\_\_\_    \_\_\_ Alcoholism \_\_\_\_\_  
 \_\_\_ Tuberculosis \_\_\_\_\_    \_\_\_ Bleeding Disease \_\_\_\_\_    \_\_\_ Mental Disorder \_\_\_\_\_  
 \_\_\_ Diabetes \_\_\_\_\_    \_\_\_ Stroke \_\_\_\_\_    \_\_\_ Allergies \_\_\_\_\_  
 \_\_\_ High Blood Pressure \_\_\_\_\_    \_\_\_ Seizures \_\_\_\_\_    \_\_\_ Asthma \_\_\_\_\_  
 \_\_\_ Heart Disease \_\_\_\_\_    \_\_\_ Depression/Suicide \_\_\_\_\_    \_\_\_ Cancer \_\_\_\_\_

**Immunizations** *(check if Yes and indicate year of last injection)*

\_\_\_ Influenza \_\_\_\_\_    \_\_\_ Pneumonia \_\_\_\_\_    \_\_\_ MMR \_\_\_\_\_  
 \_\_\_ Tetanus \_\_\_\_\_    \_\_\_ Hepatitis A or B \_\_\_\_\_    \_\_\_ Other \_\_\_\_\_

**Transfusions:** Have you ever had a blood or plasma transfusion *(circle)* No Yes**Weight:** What is your weight now? \_\_\_\_\_ One year ago? \_\_\_\_\_ Maximum? \_\_\_\_\_ When? \_\_\_\_\_**Females Only:** Are you pregnant, planning a pregnancy or nursing a child? *(circle)* No Yes

Date of last menstrual period? \_\_\_\_\_

# New Patient Health Questionnaire

## Part 2

Name: \_\_\_\_\_

DOB/ID: \_\_\_\_\_

**Systems Review:** Please indicate those items that have been a recurrent or a recent significant change.

Yes No

### Constitutional Symptoms

\_\_\_\_ Good health lately  
\_\_\_\_ Recent significant weight change  
\_\_\_\_ Unusual fatigue or weakness  
\_\_\_\_ Frequent headaches

### Eyes

\_\_\_\_ Change in vision  
\_\_\_\_ Blurred or double vision  
\_\_\_\_ Eye disease or injury  
\_\_\_\_ Wear glasses/contact lenses?

### Ears/Nose/Mouth/Throat/Neck

\_\_\_\_ Do you wear hearing aids?  
\_\_\_\_ Hearing loss or ringing in ears?  
\_\_\_\_ Earaches or drainage?  
\_\_\_\_ Chronic sinus problems or runny nose  
\_\_\_\_ Nose bleeds  
\_\_\_\_ Mouth sores  
\_\_\_\_ Bleeding gums  
\_\_\_\_ Sore throat/hoarseness or voice change  
\_\_\_\_ Lumps or swollen glands in neck  
\_\_\_\_ Difficulty swallowing  
\_\_\_\_ Neck pain or stiffness

### Cardiovascular

\_\_\_\_ Heart trouble  
\_\_\_\_ Chest pain or angina pectoris  
\_\_\_\_ Palpitations  
\_\_\_\_ Shortness of breath with walking or lying flat  
\_\_\_\_ Swelling feet, ankles or hands  
\_\_\_\_ Waking at night with shortness of breath

### Respiratory

\_\_\_\_ Chronic or frequent cough  
\_\_\_\_ Coughing or spitting up blood  
\_\_\_\_ Shortness of breath  
\_\_\_\_ Asthma or recurrent wheezing

### Gastrointestinal

\_\_\_\_ Loss of appetite  
\_\_\_\_ Change in bowel movements  
\_\_\_\_ Nausea or vomiting  
\_\_\_\_ Painful bowel movements or constipation  
\_\_\_\_ Frequent diarrhea  
\_\_\_\_ Rectal bleeding or blood in stool  
\_\_\_\_ Stomach/abdominal pains or heartburn  
\_\_\_\_ Black or tarry stools

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No

### Genitourinary

\_\_\_\_ Frequent urination  
\_\_\_\_ Burning or pain on urination  
\_\_\_\_ Blood in urine  
\_\_\_\_ Change in force or strain when urinating  
\_\_\_\_ Incontinence or dribbling of urine  
\_\_\_\_ Sexual difficulties  
\_\_\_\_ Men: Testicular pain  
\_\_\_\_ Women: Painful periods  
\_\_\_\_ Irregular periods  
\_\_\_\_ Recurrent vaginal discharge

Number of pregnancies (including miscarriages): \_\_\_\_\_

\_\_\_\_\_ # Deliveries \_\_\_\_\_ # Miscarriages

Method of birth control (if applicable) \_\_\_\_\_

Menopausal, since when: \_\_\_\_\_

Date of last menstrual period: \_\_\_\_\_

Date of last pap smear: \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_

Yes

No

### Musculoskeletal

\_\_\_\_ Joint pain(s)  
\_\_\_\_ Joint stiffness/swelling or warmth  
\_\_\_\_ Weakness of muscles or joints  
\_\_\_\_ Muscle pain or recurrent cramps  
\_\_\_\_ Back pain  
\_\_\_\_ Cold hands or feet  
\_\_\_\_ Difficulty in walking

### Integumentary (Skin/Breast)

\_\_\_\_ Rashes or itching  
\_\_\_\_ Change in skin color or moles  
\_\_\_\_ Change in hair or nails  
\_\_\_\_ Varicose veins  
\_\_\_\_ Breast pain  
\_\_\_\_ Breast lump  
\_\_\_\_ Breast discharge or rash

### Neurological

\_\_\_\_ Frequent, recurring or increasing headaches  
\_\_\_\_ Light-headedness or dizziness  
\_\_\_\_ Convulsions, seizures or spasms  
\_\_\_\_ Numbness or tingling sensations  
\_\_\_\_ Tremors  
\_\_\_\_ Paralysis  
\_\_\_\_ Stroke  
\_\_\_\_ Head injury

Please complete other side of form: *Over please*

Yes	No	
		<b>Psychiatric</b>
___	___	Memory loss or confusion
___	___	Nervousness
___	___	Insomnia
___	___	Depression
		<b>Endocrine</b>
___	___	Glandular or hormone problem
___	___	Heat or cold intolerance
___	___	Excessive skin dryness
___	___	Excessive thirst or urination
___	___	Change in hand or glove size
		<b>Hematologic / Lymphatic</b>
___	___	Slow to heal after cuts or wounds
___	___	Bleeding or bruising tendency
___	___	Recurrent anemia
___	___	Swelling, warmth or tenderness of veins or history of phlebitis

Yes	No	
		<b>Allergic / Immunologic</b>
___	___	History of skin reaction or other adverse reaction to:_____
___	___	Penicillin or other antibiotic: describe reaction:_____
___	___	Morphine, Demerol or other narcotics reaction:_____
___	___	Novocain or other anesthetics reaction:_____
___	___	Aspirin or other pain remedies reaction:_____
___	___	Tetanus antitoxin or other serums
___	___	Iodine, methiolate or other antiseptic
___	___	Other medications:_____
___	___	Other known food allergies_____

Comments:\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient signature:\_\_\_\_\_ Reviewed by:\_\_\_\_\_

Date:\_\_\_\_\_ Date:\_\_\_\_\_

**Hx:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Physician Signature:\_\_\_\_\_ Date:\_\_\_\_\_

*New patient questionnaire*

## Physical Questionnaire - Level 2

Name \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

PLEASE NOTE: This section of the medical history contains questions that may be of a very personal and highly confidential aspect of your health. While we treat all information in your medical chart as confidential records, this section of the questionnaire is filed separately from the general medical data. It can be released only upon written consent from you for psychiatric, mental health and substance abuse records.

The following sets of questions are to help us identify problem areas that may be difficult to discuss. Circle **yes** or **no** to each question and discuss any **yes** answers with your physician or nurse practitioner.

Do you drink alcohol? (circle) *No Yes* If Yes, check the following:

\_\_\_\_\_ Rarely social (less than once/wk)

\_\_\_\_\_ Hard liquor, 1-3 oz./day

\_\_\_\_\_ Hard liquor, over 3 oz./day

\_\_\_\_\_ Beer, 12 oz./day

\_\_\_\_\_ Beer, 2 bot./day

\_\_\_\_\_ Beer, 3 bot. or more /day

\_\_\_\_\_ Wine, 1 glass/day

\_\_\_\_\_ Wine, 2 glasses/day

\_\_\_\_\_ Wine, 3 or more glasses/day

Do you use regularly or have you used in the past marijuana, cocaine, heroin, speed, crack or other inhalants? *No Yes*

Have you felt you need alcohol or other drugs (such as wine, beer, hard liquor, pot, coke, heroin, or other inhalants)?  
*No Yes*

Have you tried to cut down or quit drinking alcohol or your use of drugs? *No Yes*

Have you felt that you use too much alcohol or other drugs?  
*No Yes*

Do you feel you have a drinking or a drug problem at this time? *No Yes*

### Personal Safety

Do you feel safe at home? *No Yes*

Does he or she threaten you? *No Yes*

We all have arguments - when you and your partner or a family member argue, have you ever been physically hurt or threatened? *No Yes*

Has your partner (or a family member) ever hit, pushed, shoved, punched or kicked you? *No Yes*

Do you feel your partner or a family member controls (or tries to control) your behavior too much? *No Yes*

Have you ever felt forced to engage in unwanted sexual acts or sexual contact with your partner or other family member? *No Yes*

### Mental Health

Have you been diagnosed to have depression? *No Yes*

Have you been diagnosed to have bipolar disorder, obsessive compulsive disorder, or other psychiatric condition? *No Yes*

### HIV Exposure

Have you ever been diagnosed to be HIV Positive? *No Yes*

Do you have any concerns about possible exposure that you would like to discuss or be tested for? *No Yes*

Patient signature \_\_\_\_\_

Physician/ARNP signature \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_