

# Personal Health and Medical Record Form

Adult  Girl Age \_\_\_\_\_ Gender (if adult) \_\_\_\_\_



## Update annually for all participants

Activity: Troop meetings, overnight trips, or other programs not exceeding 72 hours. Current personal health and medical summary (history) is attested by parents to be accurate. This form is filled out by all participants and is on file for easy reference. (Attach separate page if necessary). To be filled out by parent, guardian, or adult participant annually. Please fill out electronically or print in ink.

### Participant Information

Date of Birth \_\_\_\_\_

Name \_\_\_\_\_  
(Last) (First) Mo Day Year

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

### Parent / Guardian Information

Girl is under custodial care of:

Both parents \_\_\_\_\_ Guardian(s) \_\_\_\_\_  
Mother only \_\_\_\_\_ Father only \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ (day)  
\_\_\_\_\_ (evening)

### Medical History

Date of most recent physical exam: \_\_\_\_\_

Are you aware of any current health problems?

Now under medical care of taking medication?

In the last 6 months – have any of these happened:

Any surgery, illness, allergy or other change?

Hospitalizations or serious injuries?

Give dates and full details for any "yes" answers here:

\_\_\_\_\_  
\_\_\_\_\_

### Current Medications

Being taken for (condition) \_\_\_\_\_

Dosage and frequency \_\_\_\_\_

### Chronic or Recurring Conditions (check all that apply)

Asthma  Heart disease / defect  
 Bleeding Disorders  Urinary Infection  
 Convulsions / Seizures  Vision – Contacts / Glasses  
 Diabetes  Teeth – dentures / bridge  
 Ear Infection  Menstrual problems  
 Emotional / behavior disturbance  Fainting  
 Hypertension  Other \_\_\_\_\_

Please provide details for any items checked (attach separate page if necessary).

\_\_\_\_\_  
\_\_\_\_\_

### Special Needs

Dietary \_\_\_\_\_  
\_\_\_\_\_

Activities to be restricted \_\_\_\_\_  
\_\_\_\_\_

This Health History is complete and accurate. My daughter/I have permission to engage in all prescribed activities except as noted above.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent / guardian or adult)

### Medical Authorization

I give permission for full participation in GSNEO programs. In the event that I and the other Emergency Contacts listed below cannot be contacted, I hereby give my permission to the licensed health-care practitioner selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child (or for me, if participant is an adult).

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent / guardian or adult)

### Emergency Contact Information

In addition to the parent(s)/guardian(s) listed, this girl may be released to the following person(s):

Name \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone \_\_\_\_\_

### Personal Physician

Name \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Phone \_\_\_\_\_

Insured name (parent) \_\_\_\_\_

### Dentist

Name \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Phone \_\_\_\_\_

Insured name (parent) \_\_\_\_\_

### Allergies (check all that apply)

Animals  Plants  
 Food(s)  Pollen  
 Hay Fever  Other  
 Insect Stings  
 Medicine/drugs

Please provide details of any checked (Attach separate page if necessary):

\_\_\_\_\_  
\_\_\_\_\_

### Immunizations (year)

Tetanus \_\_\_\_\_  
Measles \_\_\_\_\_  
Rubella \_\_\_\_\_  
Mumps \_\_\_\_\_  
Diphtheria \_\_\_\_\_  
Pertussis \_\_\_\_\_  
Hepatitis B \_\_\_\_\_  
TB Test \_\_\_\_\_  
Other \_\_\_\_\_

### Medical Authorization

I give permission for First Aider to administer to my daughter/ward/me, according to instructions printed on the original container, the following over-the-counter and/or prescription medications which I have provided in their original containers. Check all that apply:

Acetaminophen (Tylenol)  Ibuprofen (Motrin)  
 Antacid (Mylanta, Tums)  Oral anesthetic  
 Hydrocortisone cream  Antihistamine (Benadryl)  
 Cough suppressant (Robitussin)  Eye wash  
 Antibiotic cream (Neosporin)  Sunscreen  
 Calamine lotion  Insect repellent  
 Other \_\_\_\_\_

Prescription medications (attach separate page if necessary) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent / guardian or adult)

Name \_\_\_\_\_  
Date Completed \_\_\_\_\_

Troop \_\_\_\_\_