



Athletic Department, 134 Christendom Dr., Front Royal, VA, 22630  
540-636-2900 ext 1270

## **PARENT/STUDENT PHYSICAL ACTIVITY WAIVER FORM**

### **TO BE COMPLETED BY ALL STUDENTS**

All students are required to sign the waiver which will apply to all physical activities at the college, including but not limited to, intercollegiate varsity sports, club sports, intramural sports, boating, and other activities sponsored by the college throughout the year.

The sports and activities sponsored by Christendom College can involve physical contact and other potential risks. Because of the conditions inherent to sports and some of the activities, participating in these may pose the risk of injury. Those injuries include, but are not limited to, death, paralysis, due to serious neck and back injuries; brain damage, damage to internal organs, serious injuries to the bones, ligaments, joints, and tendons, and general deterioration of health. Such injuries can result not only in temporary loss of function, but also in serious impairment of physical, psychological, and social abilities, including the ability to earn a living.

In an effort to make the sports and activities as safe as possible including the equipment and facilities, the coaches and leaders have a basic knowledge of safety and will impart this to the participants in order to try and ensure the safest and most enjoyable setting. It is vital that participants follow the instructions, training rules, and policies implemented for to decrease the possibility of serious injury.

I have read the information above concerning the risks of playing sports and other physical activity stated above I understand and assume all risks associated with participating in the different physical activities and or sports at Christendom in addition to the use of any equipment or facilities connected with these. I further agree to hold Christendom College and its employees, representatives, coaches, volunteers and agents harmless in any and all liability actions, claims, or additional legal action in connection with the participation in any physical activities including sports. In signing this form, I assume the inherent risks of participation in these activities and waive future legal action by our heirs, estate, executor, administrators, assignees, family members and ourselves.

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_

Name (printed): \_\_\_\_\_

Signature of Parent: (if student is under 18) \_\_\_\_\_

Emergency contact name and relation to student: \_\_\_\_\_  
Phone#: \_\_\_\_\_