

## SPORT PSYCHOLOGY PROGRAM INTERNSHIP INFORMED CONSENT FORM – FORM F

I, \_\_\_\_\_, hereby give my permission to  
(Client)

\_\_\_\_\_, a Sport Psychology Master's Degree Student at  
(Student-Intern)

John F. Kennedy University, College of Graduate and Professional Studies, to apply his or her knowledge of the theories, research and techniques in the field of Sport Psychology. The application of this knowledge is viewed primarily as an educational enterprise. This may include:

1. Teaching participants specific performance enhancement skills for application in sport, exercise, and other contexts. Examples of techniques include relaxation, concentration, imagery, positive self-talk, and centering.
2. Within performance settings, helping participants understand, measure, and improve elements of their performance through strategies such as goal setting, etc.
3. Educating teams, organizations and groups on topics such as communication, leadership and team cohesion.

Sessions will generally take place at the training facility; in the event that the training facility is unavailable, a mutually agreed-upon location (between parent/guardian, client, and student-intern) will be used. Additionally, contact with the client may be done via phone, email, and text.

### Confidentiality

**It is understood that the student-intern will keep all sessions confidential, but in the event the client is to potentially cause harm to oneself or another, or there are signs of abuse (e.g., child abuse, elder abuse), the JFKU Sport Psychology Program requires that the student-intern break confidentiality by informing the appropriate school officials, primary site contact, or other necessary professional. In addition, if the student-intern suspects habitual substance abuse, this may be grounds to break confidentiality.**

**In the event something arises that is outside the student-intern's scope of practice, a referral will be made to the client to see the school psychologist, counselor (or similar school or outside resource), or if not at a school site, to an outside professional referral. The Sport Psychology Program student-intern has permission to follow up with the person the client was referred to ensure that the client has made contact with the appropriate resource. When working with minors, the student-intern may also encourage the client to share with his/her parents or guardian that they have been referred to another professional resource; and, in some instances the student-intern may also break confidentiality and tell the parent/guardian about a referral if the student-intern feels this is appropriate (i.e., in the best interest of the client).**

It is also understood that the Sport Psychology Program student-intern reports to their supervisor and a case seminar class all information gained through work with this team, athlete or organization. The Sport Psychology Program student-intern's supervisor will usually make at least one site visit. **The Supervisor also requires that the student-intern audio record work performed, and possibly video record. These recordings may be used in supervision meetings and/or case seminar class.**

\_\_\_\_\_  
Sport Psychology Program Student-Intern Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian (If client is under the age of 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Contact Name, Relationship to client

\_\_\_\_\_  
Phone Number

*The student-intern will turn in a copy of this to the Sport Psychology Program, give the client a copy, and keep a copy for their files.*