



**DWE Student Self-Referral Form
for Counseling Services**

Dear Ms. Miller,

My name is _____ . I am in grade _____ .

My homeroom teacher is _____ .

I need to talk with you about:

URGENT!!! Something private right away!!!

The death of a person or a pet I love

A friend I am worried about

My angry feelings

How to get along better with friends/peers

How to get along better with adults (parents/teachers)

How to get along better with brothers and sisters

How others are treating me

Feeling better about myself

Saying "NO!" or "STOP IT" when people want me to do things I don't want to do

My grades and schoolwork

Planning now for the future

Something else

Other comments _____

Signed _____

Date _____

Return this form to Ms. Miller's room.

I will contact you as soon as possible unless you have indicated this is URGENT!!