



Brayford Square Surgery  
5 Brayford Square  
London E1 0SG

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## New Patient Health Questionnaire

Date:

<b>*Full Name:</b>				<b>*Telephone Number:</b>		
Mr / Mrs / Miss / Ms / Other.....				<b>Mobile Number:</b>		
<b>*Address and Postcode</b>				<b>*E-mail</b>		
				<b>*Next of Kin:</b>		
				<b>*Next of Kin Contact Number:</b>		
<b>*Date of Birth:</b>		<b>Previous / Mother's surname if different:</b>		<b>*Town &amp; Country of Birth</b>		
<b>Marital Status:</b>		<b>Gender:</b>	<b>Male:</b>	<b>Female:</b>	<b>Other residents of your home:</b>	
<b>Occupation:</b>						
<b>Names &amp; Ages of Children</b>						
<b>*NHS Number (If Known)</b>						
<b>Previous Address</b>				<b>Previous Postcode:</b>		
				<b>Previous Doctor Telephone No.</b>		
<b>Previous Doctor Name &amp; Address:</b>				<b>Previous data released?</b>	<b>Yes</b>	<b>No</b>
				<b>If applicable, date you first came to live in Britain:</b>		
<b>If returning from Armed Forces:</b>	<b>Your Service or Personnel Number</b>			<b>Your Enlistment Date</b>		

<b>Your height:</b>		<b>Feet / inches</b>		<b>cm</b>		<b>Your weight:</b>		<b>Stones / lbs.</b>		<b>kg</b>	
<b>Your Ethnic Origin: (select one)</b>		White (UK) 9i0		White (Irish) 9i1%		White (Other) 9i2%					
Caribbean 9i3		African 9i4		Asian 9i5		Other Mixed Background 9i6%					
Indian / Brit Indian 9i7		Pakistani / Brit Pakistani 9i8		Bangladeshi / Brit Bangladeshi 9i9		Other Asian Background 9iA%					
Other Black Background		Chinese 9iE		Other 9iF%		Ethnic Category not stated 9iG					
<b>Your main or 1<sup>st</sup> language Spoken / Understood: (select one)</b>		English		Hindi		Gujurati		Urdu		Bengali /Sytheti	
Polish		Ukrainian		French		German		Spanish		Other: (Please Specify)	
<b>Smoking, Alcohol Consumption and Exercise:</b>											
<b>Are you currently a smoker?</b>		Yes		No		<b>Have you ever been a smoker?</b>		Yes		No	
<b>If so, how many cigarettes / cigars / tobacco do you smoke in a week?</b>						<b>How much alcohol do you drink in a week (Units)?</b>					
<i>If you are a smoker and want to stop, please ask for information about local smoking cessation services.</i>						<i>(One unit = 1 small glass of wine, a single measure of spirits, or 1/2 a pint of beer)</i>					
<b>How often do you exercise?</b>		No. times per week		Type(s) of exercise:							
<b>Your Medical Background:</b>											
<b>What illnesses have you had &amp; When?</b>											
<b>What operations have you had and When?</b>											
<b>Do you have any medical problems at present?</b>											
<b>Please list any tablets, medicines or other treatments you are currently taking: (incl. dose + frequency)</b>											
<b>Are you able to administer your own medicines?</b>		Yes		No - please detail specific issues (e.g. swallowing, opening containers)							

Are there any serious diseases that affect your Parents, Brothers or Sisters (tick all that apply)	Diabetes	Heart Attack	Heart attack under age of 60	Bowel Cancer		
	Breast Cancer		High Blood Pressure	Asthma	Stroke	
	Thyroid Disorder		Any other important Family Illness?			

What immunisations have you had? (please tick all that apply)	Diphtheria	Measles	German Measles	Tetanus	Polio	MMR
	Whooping Cough		Pre-school booster	Triple vaccine (Diphtheria, Tetanus & Pertussis) - 3 doses		

<b>Specific Needs:</b> Please detail below any specific needs you have so the Practice can ensure they are identified and accommodated by taking the appropriate action:	
Please state any Sensory Impairment you have (i.e. Speech, Hearing, Sight):	
Are you an 'Assistance Dog' User?	
Please state any Physical disabilities you have:	
Please state any Mental disabilities you have:	
Please state any requirements you have to be able to access the Practice premises	
Please state any Religious or Cultural needs:	
Do you require the help of a Translator / Interpreter?	
Please state any specific nutritional requirements you have:	
Please state any allergies and sensitivities you have:	
Please state any phobias you have:	
If you are a Carer, please state the name / address / phone number of the person you care for:	<u>Person Cared For Contact Details:</u>  
If you have a Carer, please state their name / address / phone number and sign here if you wish us to disclose information about your health to your Carer.	<u>Carer Contact Details:</u>  

	<b><u>Signed:</u></b>	
	<b><u>Date:</u></b>	
Do you have a "Living Will" (a statement explaining what medical treatment you would not want in the future)?	Yes / No	<i>If "Yes", can you please bring a written copy of it to your New Patient Consultation</i>
Have you nominated someone to speak on your behalf (e.g. a person who has Power of Attorney)?	Yes / No	If "Yes", please state their name / address / phone number:

<b>Women only:</b>				
When was your last smear done?	Date	Was this at your GP's Surgery?	Yes	NO
What was the result of the smear?				
Date of last mammogram (if applicable):	Date	Method of contraception (if used):		
Do you wish to see a doctor in this practice for contraceptive services (including the pill, coil or cap)?			Yes	NO

**Summary Care Records.**

The NHS are changing the way your health information is stored and managed. The NHS Summary Care record is an electronic record of important information about your health. It will be available to health care staff providing your NHS Care. An information pack has been provided.

Are you happy to have a Summary Care Record?	Yes	No	More Time Required to decide:
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**Patient Participation Group**

The Practice is committed to improving the services we provide to our patients. To do this, it is vital that we hear from people about their experiences, views, and ideas for making services better.

By expressing your interest, you will be helping us to plan ways of involving patients that suit you. It will also mean we can keep you informed of opportunities to give your views and up to date with developments within the Practice.

If you are interested in getting involved, please tick the box below and we will arrange for the Practice Patient Participation Group Application Form to be given to you at your initial consultation.

Yes, I am interested in becoming involved in the Practice Patient Participation Group (Please tick the "Yes" Box)	Yes
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Patient Signature:		Signature on behalf of Patient:	
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*Your physical examination will include having your height, weight and blood pressure taken, and a specimen of urine for testing (it would be helpful if you would bring a specimen with you when coming to the Practice).*

*The Consultation will also establish relevant past medical and family history, including:*

- *Medical factors - illnesses, immunisations, allergies, hereditary factors, screening tests, current health*

- *Social factors - employment, housing, family circumstances*
- *Lifestyle factors - diet and exercise, smoking, alcohol and drug abuse.*

Thank you for completing this form

*For more information about the services we offer, please refer to your new patient  
pack  
or see our website: <http://www.varmapractice.nhs.uk/>*