

Parents for Healthy Schools

Making a Difference in Your Child's School Presentation Evaluation Form

Date: _____ School Name: _____

Please indicate your level of agreement with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. The speaker demonstrated expertise in healthy school environments.	1	2	3	4	5
2. The speaker answered questions effectively.	1	2	3	4	5
3. I would recommend this presentation to another parent or guardian.	1	2	3	4	5

Please indicate how effective this presentation has been in providing you with the knowledge and information to do the following:

	Very Ineffective	Ineffective	Neutral	Effective	Very Effective
4. Describe at least two ways that health affects students' ability to learn.	1	2	3	4	5
5. Define at least three components of the school nutrition environment.	1	2	3	4	5
6. Describe at least two actions schools should take to promote healthy eating throughout the school day.	1	2	3	4	5
7. Define at least three components of a comprehensive school physical activity program.	1	2	3	4	5
8. Describe at least two opportunities for daily physical activity that schools can provide before, during, and after the school day.	1	2	3	4	5
9. Describe at least two actions schools should take to help students manage their chronic health conditions.	1	2	3	4	5
10. Identify three actions parents can take to support a healthy school environment.	1	2	3	4	5

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Centers for Disease
Control and Prevention
National Center for Chronic
Disease Prevention and
Health Promotion



11. Which of the following are you likely to accomplish during the next 6 months? Please check all that apply.

- ☐ Ask the school to provide additional education opportunities for parents about the school nutrition environment and services, physical education and physical activity, or managing chronic health conditions.
- ☐ Join a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- ☐ Continue to contribute to a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- ☐ Review the Local School Wellness Policies for my school district.
- ☐ Volunteer at a school health activity or event at my child's school.
- ☐ Other: _____

12. How could this presentation be improved? Please describe.
