

Date: \_\_\_\_\_

Park Crest Elementary  
School Counseling Referral Form  
By Parent(s) or Guardian(s)



Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Referred by: \_\_\_\_\_ Phone #: \_\_\_\_\_

Relationship to student: \_\_\_\_\_

Reason for referral: (check all that apply)

☐ Academic

☐ Behavioral

☐ Personal

☐ Other

☐ Low Grades/Failing

☐ Self-Esteem/Confidence

☐ Trouble with friends

\_\_\_\_\_

☐ Performance/Test anxiety

☐ Chronic sadness

☐ Exposure to violence

\_\_\_\_\_

☐ Lack of motivation

☐ Anger/Hostility

☐ Possible abuse

\_\_\_\_\_

☐ Dislikes school

☐ Grief or loss issues

\_\_\_\_\_

Briefly describe the primary problem/concern: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has the problem/concern been discussed at home? \_\_\_\_\_

Has the problem/concern been discussed with the teacher? \_\_\_\_\_

If so, what was the response? \_\_\_\_\_

\_\_\_\_\_

When did the problem/concern begin?

Within: ☐ 24 hours ☐ 3 days ☐ 7 days ☐ 2 weeks ago ☐ 1 month ago

☐ more than 1 month ago, please specify: \_\_\_\_\_

Any physical concerns or medications related to the issue? \_\_\_\_\_

\_\_\_\_\_

Additional Comments: \_\_\_\_\_

\_\_\_\_\_

You may download, print, and send the referral to school with your child OR you can request a referral form from your child's teacher and they will send one home.

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