

# HOME SLEEP TEST ORDER FORM

Prescription and Statement of Medical Necessity

**watermark**medical

Customer Support – 877-710-6999

|                               |       |                        |      |
|-------------------------------|-------|------------------------|------|
| <b>Prescriber Information</b> |       | Physician Email:       |      |
| Physician Name:               |       |                        |      |
| Practice Name:                |       | Practice Type:         |      |
| Address:                      | City: | State:                 | Zip: |
| Phone:                        | Fax:  | NPI#:                  |      |
| Primary Contact:              |       | Primary Contact Email: |      |

|  |                  |              |      |
|--|------------------|--------------|------|
| <b>Patient Information</b>                                 |                  |              |      |
| Patient Name: (Last)                                       |                  | (First)      | (MI) |
| Address:   | City:            | State:       | Zip: |
| Primary Phone:   | Alternate Phone: |              | DOB: |
| Sex: M <input type="checkbox"/> F <input type="checkbox"/> | Email:           | Patient ID#: |      |

**Sleep History & Physical:** Must select at least one

- |  |   |
|--|---|
| <input type="checkbox"/> Disruptive snoring  | <input type="checkbox"/> Disturbed or restless sleep              |
| <input type="checkbox"/> Non restorative sleep   | <input type="checkbox"/> Witnessed apnea event during sleep       |
| <input type="checkbox"/> Choking during sleep  | <input type="checkbox"/> Gasping during sleep                     |
| <input type="checkbox"/> BMI >30   | <input type="checkbox"/> Frequent unexplained arousals from sleep |
| <input type="checkbox"/> Excessive daytime sleepiness (EDS) as evidenced by an Epworth Sleepiness Scale > 10 (ESS) |   |

**Diagnosis (ICD-9):**

- |  |   |
|--|---|
| <input type="checkbox"/> Obstructive sleep apnea (327.23)                    | <input type="checkbox"/> Other organic sleep apnea (327.29)               |
| <input type="checkbox"/> Organic hypersomnia (327.10)                        | <input type="checkbox"/> Insomnia w/ sleep apnea, unspecified (780.51)    |
| <input type="checkbox"/> Idiopathic hypersomnia w/ long sleep time (327.11)  | <input type="checkbox"/> Hypersomnia w/ sleep apnea, unspecified (780.53) |
| <input type="checkbox"/> Idiopathic hypersomnia w/o long sleep time (327.12) | <input type="checkbox"/> Hypersomnia, unspecified (780.54)                |
| <input type="checkbox"/> Recurrent hypersomnia (327.13)                      | <input type="checkbox"/> Unspecified sleep apnea (780.57)                 |
| <input type="checkbox"/> Other organic hypersomnia (327.19)                  | <input type="checkbox"/> Other _____                                      |

**Diagnostic Service Ordered**

☐ Home Sleep Test

☐ 1 night

☐ 2 nights

☐ Please include a therapy prescription form for the patient with the sleep study report.

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

I certify that above home sleep test is medically indicated and is reasonable and necessary with reference to the standards of medical practice and treatment of this patient's condition.

**Fax Completed Prescription and Front and Back of the  
Patient Insurance Card to: (877) 387-6715**