



## Outpatient Self Assessment Form

Date of visit: \_\_\_\_\_ Age: \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Referring MD: \_\_\_\_\_ PCP: \_\_\_\_\_

Referring MD Address: \_\_\_\_\_ PCP Address: \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_

Current Medications: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Non-prescription Medications: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Are you currently taking aspirin, ibuprofen or other blood thinners? \_\_\_\_\_

Allergies to Medication: ☐ No ☐ Yes If yes, please list: \_\_\_\_\_

Family history of the following: ☐ Cancer ☐ Diabetes ☐ Heart Disease ☐ Respiratory Disease

Past surgeries and hospitalizations: (Use the reverse side if more space is required.)

Date: \_\_\_\_\_ Illness/Surgery \_\_\_\_\_ Hospital/Facility: \_\_\_\_\_

Please check if you have / had problems with any of the following:

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Anemia	<input type="checkbox"/> Psychiatric disorders _____
<input type="checkbox"/> Heart disorders	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Immune deficiency	<input type="checkbox"/> Depression/anxiety _____
<input type="checkbox"/> Heart valve	<input type="checkbox"/> Eye problems	<input type="checkbox"/> Easy bruising/bleeding	<input type="checkbox"/> Head injuries: date: _____
<input type="checkbox"/> Chest Pain (angina)	<input type="checkbox"/> Thyroid disease	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Chronic headache/migraine _____
<input type="checkbox"/> Acid Reflux (heartburn)	<input type="checkbox"/> Asthma	<input type="checkbox"/> Rashes	<input type="checkbox"/> Sexually transmitted diseases _____
<input type="checkbox"/> Ulcers	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Hearing loss	<input type="checkbox"/> HIV _____
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Seizures	<input type="checkbox"/> Cancer: type: _____
<input type="checkbox"/> Kidney/urinary disease	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Stroke	<input type="checkbox"/> Weight loss (unplanned) _____

Other: \_\_\_\_\_

Do you smoke? ☐ No ☐ Yes If no, when did you quit? \_\_\_\_\_ If yes, how many packs a day? \_\_\_\_\_ For how many years? \_\_\_\_\_

Do you drink alcohol? ☐ No ☐ Yes How many drinks per week? \_\_\_\_\_ Do you use recreational drugs? ☐ No ☐ Yes

Have you had difficulties with the following:

<b>Hygiene</b>	<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Walking</b>	<input type="checkbox"/> No <input type="checkbox"/> Yes
<b>Dressing</b>	<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Toileting</b>	<input type="checkbox"/> No <input type="checkbox"/> Yes

Do you need assistance walking? ☐ No ☐ Yes Do you have a history of falling down? ☐ No ☐ Yes

Do you exercise regularly? ☐ No ☐ Yes If yes, how many times per week? \_\_\_\_\_ What type of exercise? \_\_\_\_\_

Have you ever felt unsafe or been afraid of anyone? ☐ No ☐ Yes

Has anyone ever hurt or threatened to hurt you or someone else that you care about? ☐ No ☐ Yes

Do you experience pain as part of your daily life? ☐ No ☐ Yes If yes, on a scale from 1-10, describe this pain: \_\_\_\_\_  
How do you treat this pain? \_\_\_\_\_

Did you receive a copy of the "We Care About Your Safety Brochure"? ☐ No ☐ Yes

Do you understand how to prevent the spread of germs? ☐ No ☐ Yes

**I believe the above information is complete to the best of my knowledge:**

Date \_\_\_\_\_ Patient Signature \_\_\_\_\_ Time \_\_\_\_\_

Date \_\_\_\_\_ Reviewed with patient by MD/NP \_\_\_\_\_ Time \_\_\_\_\_ CID \_\_\_\_\_

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