

Student Name

Please attach passport photos

High School Student Exchange Application

Please print clearly, and use black ink.

If selected, placement will be influenced by your self-description.

Last Name: _____ Sex: Female Male

First Name: _____ Middle Name: _____

Street Address: _____

City: _____ Postal Code: _____ Country: _____

Email Address: _____

Program Applying for: _____ Program Duration: _____
(Private or Public) (3 months, Semester or Year)

Program Tier: _____ (where applicable)

Month of Arrival: _____ Age on Arrival: _____

Passport Number: _____ Expiry Date: _____

Date of Birth: _____

Current School Grade in home country: _____ Preferred School Grade while in South Africa: _____

Religion: _____ Nationality: _____

Date of Application: _____

EXCHANGE STUDENT'S FAMILY DETAILS:

I live with:

- Mother and Father
- Mother and Partner
- Father and Partner
- Mother only
- Father only
- Other: _____

	MOTHER	FATHER
FAMILY NAME:		
FIRST NAME:		
STREET ADDRESS:		
POSTAL ADDRESS:		
EMAIL ADDRESS:		
HOME TEL NO.		
WORK TEL NO:		
OCCUPATION:		
EMPLOYER:		
MARITAL STATUS:		
DATE OF BIRTH:		
NATIONALITY:		

BROTHERS AND SISTERS:

NAME	AGE	SEX	LIVING AT HOME	SCHOOL & YEAR or OCCUPATION

CONTACT IN CASE OF AN EMERGENCY (if we are not able to contact your parents):

First name: _____ Last Name: _____ Relation to you: _____

Home Number: _____ Work Number: _____ Mobile Number: _____
(Country code/city code/number) (Country code/city code/number) (Country code/city code/number)

IF YOU BELONG TO A RELIGIOUS COMMUNITY DESCRIBE YOUR INVOLVEMENT (E.G PRACTICING OFTEN, OCCASSIONALLY, NEVER)

SOCIAL OR SPORTING CLUBS AND/OR ORGANISATIONS THAT YOUR FAMILY BELONGS TO?

LIST SOCIAL AND SPORTING ACTIVITIES IN WHICH FAMILY MEMBERS PARTICIPATE IN:

WHAT ARE YOUR AND YOUR FAMILIES PRIMARY / SECONDARY INTERESTS?

ARE THERE ANY MUSICAL INSTRUMENTS IN YOUR HOME? WHICH MEMBER PLAYS WHAT?

DOES ANY FAMILY MEMBER HAVE A SERIOUS/CHRONIC ILLNESS / DISEASE / NERVOUS OR PHYSICAL OR MENTAL DISORDER, HAS THERE BEEN ANY MAJOR SURGERY FOR A CONDITION WHICH MIGHT REOCCUR? (Please give details)

QUESTION FOR PARENTS TO ANSWER: WHY DO YOU THINK YOUR CHILD WILL MAKE A GOOD EXCHANGE STUDENT IN THE COUNTRY THEY HAVE CHOSEN AND FOR THE DURATION?

**QUESTION FOR STUDENT TO ANSWER:
DESCRIBE YOUR RELATIONSHIP WITH YOUR MOTHER:**

DESCRIBE YOUR RELATIONSHIP WITH YOUR FATHER:

DESCRIBE YOUR RELATIONSHIP WITH YOUR BROTHER(s) AND SISTER(s)? _____

DESCRIBE YOUR HOME: _____

DESCRIBE YOUR COMMUNITY: _____

WHAT ARE YOUR MAJOR INTERESTS, HOBBIES, SPORTS, ETC? _____

STUDENT'S SELF DESCRIPTION:
YOUR FAVOURITE SUBJECTS AT SCHOOL AND WHY: _____

WHAT ORGANISATIONS DO YOU BELONG TO? _____

DO YOU DO ANY VOLUNTEER WORK? (Please describe) _____

DO YOU DO ANY PART-TIME WORK? (Please describe) _____

HAVE YOU TRAVELLED, IF SO WHERE? _____

WHAT DO YOU ENJOY DOING WITH YOUR FRIENDS? _____

WHAT DO YOU ENJOY DOING WITH YOUR PARENTS? _____

HAVE YOU HAD ANY EXPERIENCE OF LIVING AWAY FROM HOME? _____

DO YOU HAVE ANY HOBBIES? (Please describe): _____

WOULD YOUR HOBBIES AFFECT YOUR HOST FAMILY AT ALL? _____

DO YOU HAVE ANY DIETARY RESTRICTIONS? _____

DO YOU HAVE ANY PHYSICAL DISABILITIES, OR ARE YOU ON ANY MEDICATION? _____

DO YOU HAVE ANY ALLERGIES? IF YES, PLEASE EXPLAIN: (animals, foods, pollen, etc) _____

DO YOU SMOKE? YES ___ NO _____ WOULD YOU BE WILLING TO STOP? YES ___ NO _____

WOULD YOU BE WILLING TO LIVE WITH A HOST FAMILY WITH SMOKERS IN IT? YES ___ NO _____

WHAT ARE YOUR PRESENT GOALS REGARDING TERTIARY EDUCATION AND/OR CAREER CHOICES?

DESCRIBE SOMEONE YOU LOOK UP TO, AND EXPLAIN WHAT YOU ADMIRE ABOUT THIS PERSON:

WHAT WEAKNESSES OR CHARACTERISTICS IN PEOPLE DO YOU LIKE / DISLIKE?

WHAT NATIONAL OR INTERNATIONAL AFFAIRS INTEREST YOU?

WHAT ARE YOUR FEELINGS ABOUT RACE, CULTURE, RELIGION AND BELIEFS? _____

WOULD YOU HONESTLY BE ABLE TO ADJUST TO LIVING WITH A HOST FAMILY OF A DIFFERENT RELIGION TO YOU? _____

WHAT WILL YOU DO IF YOUR IDEAS DIFFER FROM THOSE OF YOUR HOST FAMILY?

IN WHAT WAY DO YOU EXPECT YOUR ATTITUDES OR VALUES MAY CHANGE WHILE YOU ARE AWAY FROM HOME? _____

WHY WOULD A HOST FAMILY BENEFIT FROM HAVING YOU AS AN EXCHANGE STUDENT?

WHAT DO YOU EXPECT TO GAIN FROM THE EXCHANGE EXPERIENCE? _____

Signature: _____

Date: _____

Student Name:

Personal Essay

Try to make your essay two typed pages, NOT MORE, NOT LESS

Name:

(Last)

(First)

(Middle)

Program applying for: (Country, Date, Duration): _____

Please write this letter in English. Give a detailed description of your life, your family, school and hobbies. State why you would like to be an exchange student and why you are choosing South Africa as a destination. Also please give us your viewpoints on life, poverty, politics, global issues etc. This essay will be used for placement as well as selection.

PLEASE TYPE OR WRITE NEATLY AND THIS SHOULD NOT BE LESS THAN THREE HUNDRED WORDS

PLEASE ANSWER THE FOLLOWING QUESTIONS:

Describe your schools standards/assessment methods to enable the overseas school to determine equivalency _____

Please comment with regard to the character, motivation and study habits of the student _____

Does the student cooperate with teachers and interact well with other students? _____

Is the student mature enough to handle the considerable difficulties of intercultural exchange? _____

Please consider the applicant in relation to his/her peers and then cross the appropriate box for each item:

	Excellent	Above Average	Average	Below Average	Poor
Academic achievement	<input type="checkbox"/>				
Reading skill & interest	<input type="checkbox"/>				
Written expression	<input type="checkbox"/>				
Oral expression	<input type="checkbox"/>				
Emotional stability	<input type="checkbox"/>				
Dependability	<input type="checkbox"/>				
Conduct	<input type="checkbox"/>				
Concern for others	<input type="checkbox"/>				
Warmth of personality	<input type="checkbox"/>				
Independence	<input type="checkbox"/>				
Self discipline	<input type="checkbox"/>				
Reaction to criticism	<input type="checkbox"/>				
Common sense	<input type="checkbox"/>				
Curiosity	<input type="checkbox"/>				
Initiative	<input type="checkbox"/>				
Sense of humour	<input type="checkbox"/>				
Flexibility	<input type="checkbox"/>				

How would you evaluate the applicant's knowledge of the relevant foreign language?

<u>Verbal Knowledge</u>	<u>Written Knowledge</u>	<u>Comments</u>
<input type="checkbox"/> Very Good	<input type="checkbox"/> Very Good	_____
<input type="checkbox"/> Good	<input type="checkbox"/> Good	_____
<input type="checkbox"/> Average	<input type="checkbox"/> Average	_____
<input type="checkbox"/> Poor	<input type="checkbox"/> Poor	_____

How long have you know this applicant? _____

Please tick one:

- We/ I recommend this applicant
- We/ I do not recommend this applicant
- We/ I have some reservations. Please have a YOU2AFRICA overseas representative phone me.

Name of school: _____

Address: _____

Code _____

Phone: _____ Fax _____

Name of Principal: _____

Has the applicant ever been hospitalized? Yes No.

If yes please give date, diagnosis and outcome of each illness or accident.

Is the applicant currently taking injections or medication? Yes No
If yes please give name(s) of medication(s) and injections and diagnosis.

Does the applicant have a history or present evidence of eating disorders, nervous, emotional or mental abnormality? For example, is there any history of enuresis, nervous breakdown, nervous fatigue, recurrent nightmares, sleepwalking, stammering, stuttering or any other similar conditions?

Has the applicant consulted a neurologist, psychiatrist or other specialist in nervous or emotional disorders? Yes No

Does the applicant have any health limitations or do you know of any pertinent medical information that is important, should the applicant be considered for placement abroad? Yes No

If yes, please comment fully

Will the applicant need any orthodontic care during the coming year? Yes No .If yes please attach a statement from the orthodontist, including present status, exact care essential to the orthodonture and date care will be completed.

Sex _____ Height _____ Weight _____ Pulse rate _____

Is the pulse rhythm normal? _____

Blood pressure: Systolic _____ Diastolic _____

Are papillary and knee reflexes normal? _____

What is the applicant's vision: _____

With out eye glasses? OD _____ OS _____

With eye glasses? OD _____ OS _____

Has the applicant any history or present evidence of any allergy: _____

Type of allergy (e.g. eczema, hives, hay fever, asthma or other): _____

Allergen (food, drug, pollen or other) if known _____

Year of onset: _____ Frequency of symptoms _____

Duration of symptoms (hours? days?) _____

When were the last symptoms (month and year)? _____

Describe symptoms in detail and indicate severity _____

Have the allergic symptoms ever interfered with the patient's ordinary activities at home or at school? Please give details and dates: _____

In the past year has the applicant received for the allergy (ies) Yes No

a) Injected medications (give names, dosages and dates): _____

Following to be completed by Parent or Guardian

Student's Name: _____

Indicate the most recent year applicant received the following immunization or tests:

IMMUNISATION	YEAR
Flu	
Measles	
Mumps	
Polio	
Small Pox	
Diphtheria	
Tetanus	
Typhoid	
Measles (Rubella)	
Other (Specify)	
TESTS:	
Chest X-Ray	
T.B. Skin Test	
Other (Specify)	

You2Africa does not require immunizations, nor do many of the countries. Most overseas schools, however, do not allow a student's enrollment without records of immunization.

Before undertaking additional shots, applicants may wish to:

- ◆ wait for the selection results
- ◆ wait to hear from your Host family or overseas volunteer regarding entrance requirements of your overseas school.

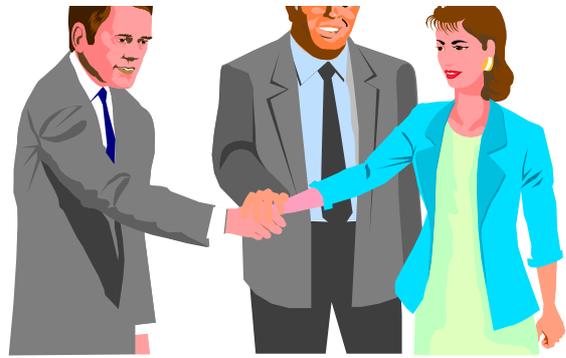
Upon receipt of the latter information, applicants will have to act promptly and send records to You2Africa - otherwise, the first week overseas may be a series of unpleasant shots! Parents or applicants who object to any of these immunizations or tests should enclose an explanatory letter.

PERMISSION FOR MEDICAL CARE and RELEASE

We, the applicant's parents or legal guardians, agree to authorize YOU2AFRICA or the Host Family to act for us in any emergency, accident or illness during the period the student is involved in the YOU2AFRICA program. This covers the period from the time the student boards transportation scheduled by the Program until the student leaves the return- transport scheduled by the program.

Signature of parent or Legal Guardian

Date _____ / _____ / _____
Day Month Year



SENDING ORGANISATION

CONTRACTS

PARENT AGREEMENT & RULES
STUDENTS COMING TO SOUTH AFRICA

SOUTH AFRICA

YOU2AFRICA is an established Youth Cultural Exchange Organisation, brought about by an increased desire for South Africans to experience the world, its diverse yet rich cultures, traditions and its people. As South Africa has now being welcomed back into our “global village”, You2Africa sincerely believes that International Exchange Programs, especially for our Youth, will build bridges of understanding, peace and world prosperity.

PARENT AGREEMENT

- A. We understand and agree with the purpose of You2Africa and have given our son or daughter permission to participate in the You2Africa Program, if accepted.
- B. In the event that our son or daughter participates in the You2Africa Program we, as their parents and/or guardians, agree to and do authorise You2Africa, it's overseas affiliates, their employees or individuals designated by them, such as members of the host family, to act for us in any emergency, accident or illness, and we agree that such persons will not have any liability for such action and in general to act in “loci parentis”, the full meaning and effects we understand.
- C. We agree to abide by the terms of payment as outlined in the brochure, which we have read and to the forfeiture of fees if our son or daughter withdraws as outlined in the brochure.
- D. We agree that You2Africa and its overseas affiliates have the right to expel our son or daughter from the Program for any behaviour deemed detrimental to the program, the student, the host family, You2Africa or it's overseas affiliates.
- E. We agree that should our daughter either withdraw voluntarily or be expelled from the Program at any time following departure to/from SA, there shall be no refund of Program fees. You2Africa shall not be responsible for travel arrangements, or in any matter whatsoever, if our son or daughter voluntarily leaves the Program.
- F. We agree to pay for any additional travel expenses incurred by You2Africa as a result of an early/late return of our son or daughter to SA.
- G. We understand that should our son or daughter be absent from the host family, school, or other designated places assigned by the You2Africa or by its overseas affiliates, You2Africa, or its overseas affiliates, may consider that our son or daughter has voluntarily left the Program.
- H. We agree not to arrange personal trips for our son or daughter with friends or family who may be abroad and not to make travel arrangements for him or her during the stay abroad, without prior approval from You2Africa Head Office.
- I. We further agree not to visit our son or daughter without first making arrangements with You2Africa and their overseas affiliates. This rule also applies to family and family friends.
- J. We agree that our son or daughter will travel to and from the host country according to the travel plans set by You2Africa.
- K. We agree to provide all spending money for the personal needs of our son or daughter during the program, as well as school books, school uniforms, school and You2Africa excursion costs, as well as excess baggage charges.
- L. We understand the nature of the Insurance policy and undertake to pay any expenses or liabilities incurred by our son or daughter, not covered by the Insurance policy, including without limitation chronic ailments, dental work, eyeglasses or pre-existing medical problems.
- M. We agree to pay for personal expenses for our daughter/son, such as clothing, toiletries, phone/internet usage, educational, or medical not covered by the You2Africa fee.
- N. We agree that our son or daughter will return home as scheduled and not request any extension of stay.

- O. We affirm that our son or daughter has no medical condition or disability that has not been stated in the medical certificate or which would make participation in the You2Africa Program inadvisable.
- P. We understand that school fees may be payable, dependent upon the policy of the nominated high school.

STUDENT AGREEMENT

- A. I accept responsibility to fulfill the purpose of the You2Africa program to the best of my ability.
- B. I agree to follow the rules, regulations and conditions set forth by You2Africa and its overseas affiliates and understand that departure from these can result in being expelled from the program and sent home early.
- C. I agree to live with my host family as a family member, according to their rules and regulations and sharing responsibility and experiences with them and to show them due respect at all times.
- D. I agree to abide by the laws of the host community and host country.
- E. I understand that I shall not be moved from my assigned region for reasons of climate, personal preference, or parents' or other relatives' preferences.
- F. I will not travel during my participation in the You2Africa program except with members of my host family, or as approved by the You2Africa or its overseas affiliates.
- G. I shall travel to and from my host family as arranged by You2Africa or its overseas affiliates.
- H. I agree to attend a secondary school regularly and to endeavour to achieve high academic standards.
- I. I agree to abide by any restriction imposed by my visa and will not apply for any extension of my visa, for any reason.
- J. I shall not borrow money from, lend money to or give money to, any member of my host family, or any other person or company, during the You2Africa program. I shall not allow any member of my host family to pay any person or company any amounts owing by me, my parents, on my own or on their behalf. I agree to take full responsibility for my own finances whilst a participant on the Program. I shall not hold You2Africa liable for any losses incurred in this regard.
- K. I have read, fully understand and accept the entire contents of the You2Africa Student Manual.
- L. I agree and understand that my air ticket is to be handed to the You2Africa representative upon my arrival in South Africa, for safekeeping by You2Africa until the end of my Program.
- M. If deemed necessary by You2Africa, to undergo a test for drug use, I agree to co-operate fully and bare the costs thereof.

PARENT AND STUDENT AGREEMENT

- A. Should You2Africa accept our son or daughter onto the You2Africa program, we agree to release and discharge You2Africa, it's overseas affiliates, their employees, officers and representatives, and the host family from any claim, demand, expense or liability that arises in connection with (i) any accident, injury illness or other consequence or event arising from the student's actions or participation's in the You2Africa program, or (ii) any cause beyond the control of You2Africa or it's overseas affiliates.
- B. We hereby indemnify and hold harmless You2Africa, it's overseas affiliates, their employees, officers and representatives, and the host family from any claim, demand, expense or liability (including any claim, demand expense or liability arising out of negligence) arising out of breach of, or failure to comply with this Agreement, the You2Africa rules or directions or instructions given to our son or daughter by You2Africa, it's overseas affiliates, their employees, officers or representatives, or the host family.
- C. We acknowledge that You2Africa reserves the right to change or alter travel arrangements at their discretion.
- D. We understand and agree that participation in the You2Africa program does not guarantee credit, graduation, or a diploma from an overseas secondary school.
- E. We shall promptly pay all medical expenses incurred in respect of our son or daughter during the You2Africa Program. Insurance claims made in respect of medical expenses may only be made after we have made such payment. We agree to promptly reimburse You2Africa, its overseas affiliates and the host family for any medical expenses incurred by them in respect of our son or daughter (although You2Africa, its overseas affiliates and the host family shall have no obligation to make any such expenditure.)
- F. We understand that the program fee does not include payment for passports, visas, or exit charges, medical insurance (unless otherwise stated), school fees, nor does it include travel to and from designated points or departure in SA. We acknowledge our responsibility for arranging and for paying for such items.
- G. We agree that we are responsible for the cost of an early return from South Africa.
- H. This agreement is legally binding in terms of the laws of South Africa and any dispute shall be adjudicated through the legal process in South Africa.
- I. We agree that You2Africa acts "*in loco parantis*" to our son or daughter, which term we are aware of fully and understand, for the duration of their stay in South Africa.
- J. We have read and understood You2Africa's Student Manual and rules for students and agree to their incorporation herein.

We have read the You2Africa STUDENT MANUAL, inserts, fee sheet, as well as this Agreement and understand and agree to all relevant matters contained therein.

Signature of Student _____

Date _____

Student of Parent or Guardian _____

Date _____

(On my behalf and for and on behalf of the student)

You2Africa RULES FOR ALL STUDENTS WHO WISH TO COME TO SOUTH AFRICA

YOU2AFRICA's most important rules:

1. Students should be aware that while in South Africa they are under the jurisdiction of the national, state and local laws, as well as the school rules of the school they attend. You2Africa is "in loci parentis" for the duration of your program. This Latin term means, acting as your parents/legal guardian. This means that while in South Africa You2Africa will make decisions regarding your host family, school and community.
2. Any experimentation or trafficking of illegal drugs will lead to immediate expulsion from the exchange program. If you are at a party and others are using drugs, you must leave that party immediately. If You2Africa deems it necessary students must be prepared to undergo a test for drugs at the cost to the student and pay immediately, in cash, for the costs thereof. **You2Africa is very strict about this rule! Any breach will result in the student being sent home immediately.** Students may only use medicinal drugs prescribed by a Medical Doctor.
3. Students **may not smoke or start smoking** during their time in South Africa. There is absolutely NO SMOKING at school or anywhere while you are in school uniform. If the student stated that they do not smoke on their application form, they have to remain non-smoking throughout their stay in South Africa.
4. Students must adhere to the laws regarding the drinking of alcoholic beverages. The legal age is 18 years in South Africa. Any abuse of alcohol is grounds for immediate expulsion from the program. With permission from a You2Africa representative, students are permitted to have the occasional alcoholic beverage but we do not expect any student to take advantage of this privilege! Any breach will result in the student being sent home immediately. Even if you are 18 years of age you may not drink alcohol while you are on the program.
5. No serious intimate or romantic relationships will be allowed. Students may not have girlfriends/ boyfriends, and no sexual contact or sexual activity will be permitted.
6. Students are not allowed to drive cars or motorcycles at any time while on the program. Any breach will result in the student being sent home immediately.
7. Exchange students are not allowed to borrow money, lend or give money. It is forbidden for students to lend money to anybody – this includes your Support Worker, members of your host family, members of your community, friends, school associates and other students on exchange. You2Africa is very strict about this rule.
8. Students must attend school daily and complete all homework and assignments. You have to write tests and take exams. You may not be absent from school for any reason other than ill health. If you are absent due to ill health, you must provide a Letter of Absence signed by your host parents or provide a doctor's certificate. You2Africa must be told if you are absent from school.
9. Showing any lack of respect, being cheeky or acting with attitude towards any You2Africa representative, school official, or host family member will not be tolerated on the program.
10. A student would need to maintain good grades during their exchange program. They would need to at achieve at least the class aggregate. Should you fail a course you will be terminated from the program.

If a student does not comply to the above rules, it will result in immediate dismissal from the program and the student's school visa will be terminated.

Rules for traveling:

11. Students are not allowed to travel outside the local area alone, or with other teenagers. The "local area" will be defined by one of You2Africa 's local representatives. Students may only travel via recognised transportation. Overnight travel is only allowed with approved youth groups and this should be discussed with You2Africa's program manager.
12. Travel plans must coincide with school holidays. Under NO circumstances may an exchange student miss school for travel reasons.
13. If your host family plans a trip for you, YOU2AFRICA must be informed of the destination, as well as contact numbers and car registration.
14. Hitchhiking is not allowed. Students should be aware of the dangers.

Rules for money:

15. Students may not take paid jobs outside their homes.
16. If you are low on cash let your You2Africa know and we will inform your sending organisation and they will advise your natural family. Please make sure you manage your own funds. We recommend that you keep at least R500 to your host family to keep safe for you in case of any medical emergency, so that you can pay in cash and then reclaim the expenses from your insurance.

Rules for schools

17. Students must be aware of their responsibility as an exchange student and make an effort in their school, host family and host community. We expect you to participate in all school activities, be it academic or extra mural.
18. Students are to comply with wearing the correct school uniform at ALL times and adhere to ALL school rules. If you are unsure, please do not hesitate to contact your local counselor or teacher at school.
19. No exchange student will be allowed to have "fashionable hairstyles", like punk, dreadlocks, etc. This is considered completely taboo while you are on this program.

Rules for Host families

20. Students must show respect for their host families and act as a member of the family. You are not living in a hotel or backpackers and are expected to participate fully in the host families daily lives.
21. Students must obey family rules and must voluntarily help with household chores.
22. Students are not at any time allowed to talk about the host family's private affairs to others. We encourage them to contact their local counselor in this regard.
23. Students are not allowed to change host families or schools at will. A change will only be allowed if approved by a You2Africa representative for valid reasons.
24. Students are to limit contact (phoning and skypeing) with their natural families to once a week. Everyday contact makes it harder to settle into your new environment. Students are responsible for the cost of long distance/ International phone calls and internet usage.
25. Students must spend time with the host family on special occasions, such as birthdays.

General rules:

26. Students must show respect (at all times) for You2Africa coordinators. Students must also obey their instructions.
27. Natural parents, friends or other relatives may not visit the student during the program, they are allowed to visit after the program ends.

28. Students must limit contact with other exchange students during their program.
29. Students must make a concerted effort to form friendships with South African citizens. This is vital to you adapting and enjoying your stay in South Africa.
30. A student should make themselves aware of any restrictions in their insurance cover and should not act in such a manner that they would not be covered by their insurance.

If a student continually fails to comply with the above rules it will result in immediate dismissal from the program and the student's school visa will be terminated.

Students need to be aware that if rules 1-10 are not abided to they will be dismissed from the program without previous warning.

If rules 11-30 are not abided to they will receive a warning letter. The letter is to warn the student and to inform them of their inappropriate behaviour. This letter will also be forwarded to the students sending organization.

Date: _____

Signature of natural father or legal guardian
(On my own behalf and for and on behalf of the student)

Signature of Student

Signature of natural mother or legal guardian
(On my behalf and for and on behalf of the student)

NOTE: You2Africa discourages parents, guardians, friends or other relatives from visiting the student during their stay as it can severely disrupt the student's equilibrium. Regular telephonic contact usually exacerbates homesickness although the intention is always to alleviate it. It can also mean that the student living in the host family's home culture is being guided by his or her natural parents, which usually leads to conflict. The student learns to respond and negotiate quite differently with the two sets of parents in their life.

Natural Parents' Consent to High Risk Activities

We understand that while our child is a participant in the student exchange program provided by You2Africa, he/she may not drive an automobile or motorcycle; pilot an aircraft or hang glider; parachute; hitch-hike; para-fly; travel in a hot-air-balloon or abseil under any circumstances.

By signing below, we accept full responsibility for our child's participation in the activities we specify below and in consideration of our child's participation in the Program, agree to fully indemnify and hold harmless You2Africa and our child's host family from any and all liabilities, including liabilities to third parties, which may arise from our child's participation in the activities specified below.

Please specify in writing which of the following activities you would permit your son or daughter to participate:

- Bungy jump
- Shark Cage Diving
- Surfing
- Hiking on mountain
- Visiting a game reserve in an open game truck
- Driving a tractor (on private land only)
- Riding as a passenger in a small private plane
- Other high risk activity (specify, but not one of the above forbidden activities)

Name of Student _____ Birth date of Student _____

Sending Organisation _____

Duration of Program: From Date: _____ To Date: _____

Signed at _____ On the _____ Day of _____ Year _____

Signature of Parents or Legal Guardian _____