MARITAL EVALUATION FORM

Client's Names (H)_____(W)_____(Last)_____ Date _____

A. Please list three things that your spouse does which please you:

1. H _____W _____

2. H _____W _____

3. H _____W _____

B. Please list three things that you would like your spouse to do more often. (be specific)

1. H _____ ____ Times done____ **V**ery important
in the last
2. H _____ ____ 7 days. ____ **I**mportant

3. H _____ ____ ____ **N**ot too Important

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In the last
2. W _____ ____ 7 days. ____ **I**mportant

3. W _____ ____ ____ **N**ot to Important

C. Please list three things you think your spouse would like you to do more often.

1. H _____ ____ I did it ___ ____ My Spouse asked me
times in the to do this ____
2. H _____ ____ last 7 days. ____ times in the
last 7 days.
3. H _____ ___ ___

1. W _____ ____ I did it ___ ____ My Spouse asked me
times in the to do this ____
2. W _____ ____ last 7 days. ____ times in the
times in the
3. W _____ ____ ____ last 7 days.

D. The following questions relate to the level of satisfaction, which you usually find in your interactions with your spouse.

1. How happy are you with the way in which you and your spouse usually handle each of the following aspects of your family life? Select the number, which best represents how happy you are in each area & then select the level of importance.

	Mostly Happy		Moderately Happy		Mostly Unhappy	H / W	Very Important / Important / Not to Important
a. Communication with each other	1	2	3	4	5	___/___	___/___
b. Affectionate interaction with each other	1	2	3	4	5	___/___	___/___
c. Sexual interaction with each other	1	2	3	4	5	___/___	___/___
d. Trust in each other	1	2	3	4	5	___/___	___/___
e. Care of children	1	2	3	4	5	___/___	___/___
f. Use of free time	1	2	3	4	5	___/___	___/___
g. Division of chores and responsibilities	1	2	3	4	5	___/___	___/___
h. Management of finances	1	2	3	4	5	___/___	___/___
i. Social interaction with friends	1	2	3	4	5	___/___	___/___
j. Personal hygiene (dress & cleanliness)	1	2	3	4	5	___/___	___/___
k. Management of employment	1	2	3	4	5	___/___	___/___

2. Please suggest ways that a change in your own behavior might improve your satisfaction in any areas that you rated as "4" or "5" (unhappy).

H _____ W _____

H _____ W _____

H _____ W _____

H _____ W _____

E. The following questions relate to the way in which important decisions are made in your family. Please be certain to answer every part of both questions.

1. In your family, whose responsibility do you think it usually is now to make decisions in each of the following areas? Please answer by selecting the appropriate choice for how decisions are presently made and secondly, how you believe they should be made.

	Almost Always Husband		Shared Equally		Almost Always Wife	Now H / W	How Should H / W
a. Where couple lives	1	2	3	4	5	__/__	__/__
b. What job husband takes	1	2	3	4	5	__/__	__/__
c. How many hours husband works	1	2	3	4	5	__/__	__/__
d. Whether wife works	1	2	3	4	5	__/__	__/__
e. What job wife takes	1	2	3	4	5	__/__	__/__
f. How many hours wife works	1	2	3	4	5	__/__	__/__
g. # of children in family	1	2	3	4	5	__/__	__/__
h. When to praise or punish children	1	2	3	4	5	__/__	__/__
i. How much time to spend with children	1	2	3	4	5	__/__	__/__
j. When to have social contacts with friends	1	2	3	4	5	__/__	__/__
k. When to have social contacts with in-laws and other relatives	1	2	3	4	5	__/__	__/__
l. When to have sex	1	2	3	4	5	__/__	__/__

Almost Always Husband	Shared Equally	Almost Always Wife	Now H / W	How Should H / W

m. How to have sex	1	2	3	4	5	__/__	__/__
n. How to spend money	1	2	3	4	5	__/__	__/__
o. How & when to pursue personal interests	1	2	3	4	5	__/__	__/__
p. Whether, and if so, which church to attend	1	2	3	4	5	__/__	__/__

F. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

	Always Agree	Almost Always Agree	Occa-sionally Agree	Fre-quently Disagree	Almost Always Disagree	Always Disagree	H / W
1. Philosophy of life	1	2	3	4	5	6	__/__
2. Matters of recreation	1	2	3	4	5	6	__/__
3. Handling anger	1	2	3	4	5	6	__/__
4. Goals & dreams	1	2	3	4	5	6	__/__
5. Time spent together	1	2	3	4	5	6	__/__
6. Parenting techniques	1	2	3	4	5	6	__/__
7. Religious beliefs	1	2	3	4	5	6	__/__

G. How often would you say the following events occur between you and your spouse?

	All of the time	Most of the time	More Often than not	Occa-sionally	Rarely	Never	H / W
1. Have a stimulating exchange of ideas	1	2	3	4	5	6	__/__
2. Laugh together	1	2	3	4	5	6	__/__
3. Calmly discuss something	1	2	3	4	5	6	__/__
4. Work together on a project	1	2	3	4	5	6	__/__

H. Indicate if either item below caused a difference of opinion or were problems in your relationship during the past few weeks.

	Yes / No H / W
1. Being too tired for sex	__/__

2. Not showing love __/__

I. The categories below represent degrees of happiness in your relationship. The middle point "happy", represents the degree of happiness in most relationships. Please select the corresponding number, which best describes the degree of happiness of your relationship (all things considered).

Extremely unhappy	Fairly unhappy	A little unhappy	happy	Very happy	Extremely happy	perfect	H / W
1	2	3	4	5	6	7	__/__

J. Which of the following statements best describes how you feel about the future of your relationship?

H / W

__/__ 1. I want desperately for my relationship to succeed, & would go almost any length to see that it does.

__/__ 2. I want very much for my relationship to succeed, & will do all I can to see that it does.

__/__ 3. I want very much for my relationship to succeed, & will do my fare share to see that it does.

__/__ 4. It would be nice if my relationship succeeded, but I can't do much more than I am doing now to keep the relationship going.

__/__ 5. It would be nice if my relationship succeeded, but I refuse to do any more than I am doing now to keep the relationship going.

__/__ 6. My relationship can never succeed, & there is no more that I can do to keep the relationship going.