

Benilde-St. Margaret's Volleyball 2014 Player Tryout Evaluation Form

Name: _____

Grade: _____

Physical Data

Height: _____;

40 yd. Shuttle: _____; _____

Arm Reach _____;

Cone Test: _____; _____

Block Jump: _____;

3-Step Approach _____; _____

Name: _____

Grade: _____

Skills Evaluations on a scale of 1-4

Passing: _____; _____ Hitting: _____; _____ Setting/Overhead Passing: _____; _____

Serving: _____; _____ Zone Serving: _____; _____ Defense: _____; _____

Communication: _____; _____ Conditioning/Hustle: _____; _____

Additional/Extra points +/- 1* - optional

Positive Attitude: _____; _____ Following Directions/Coachable: _____; _____

Leadership: _____; _____ Court Sense/Presence: _____; _____

**One point maximum per category may be added or deducted based on observation.*

TOTAL POINTS SCORED: _____ (Evaluator #1)

TOTAL POINTS SCORED: _____ (Evaluator #2)

Subjective Evaluation:

Enthusiasm: _____

Effort/Hustle: _____

Physicality/Aggressiveness: _____

Chemistry: _____

ADDITIONAL COMMENTS:

Benilde-St. Margaret's High School Volleyball Tryout Information

- All athletes wishing to tryout must check in and have all forms and physicals turned in.
- Evaluation will be done by BSM coaches.
- Volleyball skills testing will be completed in the following areas and will be evaluated on a scale of 1-4:

Passing

1. Poor platform, no control of body, swings or “prays”
2. Somewhat mechanically correct, minimal control on the move, good control still
3. Mechanically correct, some control on move, decent footwork to ball, good control still
4. Mechanically correct, accurate passes to target, good footwork to ball

Setting/Overhead Passing

1. Lack of mechanics, no body control, no sense of timing for receiving or releasing the ball
2. Somewhat mechanically correct, gets to the ball, needs work on timing for receiving and releasing the ball or somewhat mechanically correct, good timing for receiving and releasing but cannot get to the ball
3. Mechanically correct in overhead passing, good body control, timing makes legal sets with some control of direction and height
4. Mechanically correct, makes consistent contact, maintains control with power, long reach

Hitting

1. Lack of mechanics, no footwork, no timing or control
2. Somewhat mechanically correct with either bad footwork but decent timing or good footwork and bad timing, not much height on reach
3. Mechanically correct, makes decent contact with the ball but has trouble with power and/or control
4. Mechanically correct, makes consistent contact, maintains control with power, long reach

Serving & Zone Serving

1. Lack of mechanics, cannot make good contact with ball, doesn't toss well
2. Somewhat mechanically correct, lack of power and/or control
3. Mechanically correct, good power but lack of control or good control but lack of power
4. Mechanically correct, good power and control, can serve requested positions on the court

Conditioning/Hustle

1. Does not hustle, does not seem very determined to succeed, frustrates easily, poor endurance
2. Hustles only half the time or when reminded, shuts down when frustrated, questionable endurance
3. Hustles even when not being watched, determined to succeed even when frustrated, good endurance
4. Gives 100%, sets the standard for excellence and leads by example, excellent endurance

Communication

1. Does not speak on the court, refuses to call the ball
2. Minimal communication, calls the ball/call for set sporadically
3. Average communication, always calls the ball/calls for set
4. Constant communication on court

Physical Data to be tested:

Height, vertical, block jump, 40 yd shuttle, Cone Run,

- Once the tryout is complete, points will be totaled, and coaches will meet to discuss each player individually and complete subjective assessments
- Athletes will be placed on teams based on physical data, point totals, work ethic, and overall ability/potential.
- Athletes will know if they have acquired a position on the team by being notified by their coach.