



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y Group Fitness Class Evaluation

Name of class you attended today _____

Day & Time _____

	Excellent	Good	Fair	Poor
OVERALL				
How do you rate this specific class?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
How do you rate our class schedule?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OUR PEOPLE				
Instructor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Program Director/Coordinator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Desk Staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OUR FACILITIES				
Condition of gym/multipurpose room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cleanliness of facilities and grounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THIS CLASS				
Level of intensity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helps me meet my fitness goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provides enough variety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Challenges me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What do you enjoy most about Y Group Fitness classes? _____

How can we improve our Group Fitness classes? _____

What classes do you participate in regularly? _____

Are you a Y member? Yes No

How did you hear about our Group Fitness classes?

- Friend or family member who has participated/is participating
- Y program guide
- Advertisement at the Y
- Advertisement outside of the Y
- Other (Specify) _____

The Y's mission is to put Christian principles into practice through programs that build a healthy body, mind and spirit for all. Do you feel that our Group Fitness classes effectively address our mission? Yes No