



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Y Group Fitness Class Evaluation

Name of class you attended today \_\_\_\_\_

Day & Time \_\_\_\_\_

### OVERALL

	Excellent	Good	Fair	Poor
How do you rate this specific class?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
How do you rate our class schedule?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### OUR PEOPLE

	Excellent	Good	Fair	Poor
Instructor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Program Director/Coordinator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Desk Staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### OUR FACILITIES

	Excellent	Good	Fair	Poor
Condition of gym/multipurpose room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cleanliness of facilities and grounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### THIS CLASS

	Excellent	Good	Fair	Poor
Level of intensity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helps me meet my fitness goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provides enough variety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Challenges me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What do you enjoy most about Y Group Fitness classes? \_\_\_\_\_  
\_\_\_\_\_

How can we improve our Group Fitness classes? \_\_\_\_\_  
\_\_\_\_\_

What classes do you participate in regularly? \_\_\_\_\_

Are you a Y member? ☐ Yes ☐ No

How did you hear about our Group Fitness classes?

- ☐ Friend or family member who has participated/is participating
- ☐ Y program guide
- ☐ Advertisement at the Y
- ☐ Advertisement outside of the Y
- ☐ Other (Specify) \_\_\_\_\_

The Y's mission is to put Christian principles into practice through programs that build a healthy body, mind and spirit for all. Do you feel that our Group Fitness classes effectively address our mission? ☐ Yes ☐ No