



# FAMILY ASSESSMENT DEVICE

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**Client Name:** \_\_\_\_\_ **Number:** \_\_\_\_\_

**Your Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Relationship:** \_\_\_\_\_ **Age:** \_\_\_\_\_

## INSTRUCTIONS

**Please print two copies.** The client should complete one copy. At least one immediate family member should complete the second copy. Although not required, additional copies may be completed by other family members. This assessment contains a number of statements about families. Read each statement carefully, and decide how well it describes your own family. You should answer according to how you see your family.

For each statement are four (4) possible responses:

SA	Strongly Agree	The statement describes your family very accurately.
A	Agree	The statement describes your family for the most part.
D	Disagree	The statement <b>does not describe</b> your family for the most part.
SD	Strongly Disagree	The statement <b>does not describe</b> your family at all.

Try not to spend too much time thinking about each statement, but respond as quickly and as honestly as you can. If you have difficulty, answer with your first reaction. Please be sure to answer *every* statement and mark all your answers in the space provided *next to* each statement.

## ASSESSMENT

1. Planning family activities is difficult because we misunderstand each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
2. We resolve most everyday problems around the house.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
3. When someone is upset the others know why.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
4. When you ask someone to do something, you have to check that they did it.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
5. If someone is in trouble, the others become too involved.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
6. In times of crisis we can turn to each other for support.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
7. We don't know what to do when an emergency comes up.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

8. We sometimes run out of things that we need.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
9. We are reluctant to show our affection for each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
10. We make sure members meet their family responsibilities.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
11. We cannot talk to each other about the sadness we feel.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
12. We usually act on our decisions regarding problems.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
13. You only get the interest of others when something is important to them.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
14. You can't tell how a person is feeling from what they are saying.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
15. Family tasks don't get spread around enough.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
16. Individuals are accepted for what they are.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
17. You can easily get away with breaking the rules.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
18. People come right out and say things instead of hinting at them.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
19. Some of us just don't respond emotionally.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
20. We know what to do in an emergency.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
21. We avoid discussing our fears and concerns.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
22. It is difficult to talk to each other about tender feelings.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
23. We have trouble meeting our financial obligations.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
24. After our family tries to solve a problem, we usually discuss whether it worked or not.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
25. We are too self-centered.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
26. We can express feelings to each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
27. We have no clear expectations about toilet habits.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
28. We do not show our love for each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
29. We talk to people directly rather than through go-betweens.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
30. Each of us has particular duties and responsibilities.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
31. There are lots of bad feelings in the family.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>

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32. We have rules about hitting people.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
33. We get involved with each other only when something interests us.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
34. There is little time to explore personal interests.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
35. We often don't say what we mean.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
36. We feel accepted for what we are.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
37. We show interest in each other when we can get something out of it personally.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
38. We resolve most emotional upsets that come up.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
39. Tenderness takes second place to other things in our family.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
40. We discuss who are responsible for household jobs.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
41. Making decisions is a problem for our family.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
42. Our family shows interest in each other only when they can get something out of it.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
43. We are frank (direct, straightforward) with each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
44. We don't hold to any rules or standards.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
45. If people are asked to do something, they need reminding.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
46. We are able to make decisions about how to solve problems.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
47. If the rules are broken, we don't know what to expect.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
48. Anything goes in our family.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
49. We express tenderness.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
50. We confront problems involving feelings.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
51. We don't get along well together.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
52. We don't talk to each other when we are angry.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
53. We are generally dissatisfied with the family duties assigned to us.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
54. Even though we mean well, we intrude too much into each other's lives.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
55. There are rules in our family about dangerous situations.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>

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56. We confide in each other.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
57. We cry openly.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
58. We don't have reasonable transport.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
59. When we don't like what someone has done, we tell them.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>
60. We try to think of different ways to solve problems.	SA <input type="checkbox"/>	A <input type="checkbox"/>	D <input type="checkbox"/>	SD <input type="checkbox"/>