

Texas Rowing Center

EMPLOYEE MEDICAL HISTORY QUESTIONNAIRE

This information is CONFIDENTIAL and will be used for official use only.
Please print legibly. Answer each question. Spell medical terms as close as possible.

1. _____
 Last Name First Name Middle Name Today's Date

2. _____
 Home Address City State ZIP

3. Date of Birth _____ 4. Gender ___ Male ___ Female

5. Work Site _____ 6. Job Title _____
 (If known)

7. State your present health status: POOR GOOD EXCELLENT

8. List medications you are currently using that may adversely affect your ability to perform Texas Rowing Center duties:
Medication For What Condition Since

9. List any medical conditions that you have been treated for during the past 3 years that may adversely affect your ability to perform Texas Rowing Center duties:

10. List any formal work restrictions or work limitations you are experiencing or have had in the last 3 years that may adversely affect your ability to perform Texas Rowing Center duties :

11. Year of Last Immunizations if known: Tetanus _____ Hepatitis B _____ Hepatitis A _____

12. DO YOU (Please mark your answer for each item)

| Yes | No | ? | |
|-----|----|---|-----------------------------------|
| | | | Wear glasses or contact lenses |
| | | | Have limited vision in either eye |
| | | | Need to wear a hearing aid |
| | | | Wear a brace or support |

13. 3-YEAR Health History and Self-Assessment: The following listed medical conditions may have an impact on your ability to perform adequately as employee. As such, please mark for each category the block corresponding to your answer of **Yes, No or ? (don't know)** that you have experienced in the **past three (3) years**. Answer all categories and clarify Yes answers, by number, in the Explain Section.

| Yes | No | ? | PAST 3-YEARS |
|-----|----|---|---|
| | | | 1. Tested positive for Tuberculosis (TB) |
| | | | 2. Known exposure to anyone with active TB |
| | | | 3. Ear, nose or throat conditions |
| | | | 4. Coughed up blood repetitively |
| | | | 5. Chronic, on-going cough |
| | | | 6. Untreatable Asthma |
| | | | 7. Unusual or chronic shortness of breath |
| | | | 8. Heart trouble or heart condition including chest pains or pressure |
| | | | 9. Heart palpitations or unusual pounding |
| | | | 10. High/Low Blood Pressure |
| | | | 11. Dizziness/Fainting Spells or any seizures |
| | | | 12. Rheumatic Fever |
| | | | 13. Scarlet Fever |
| | | | 14. Head injury |
| | | | 15. Frequent or severe headaches |
| | | | 16. Periods of random unconsciousness |

| Yes | No | ? | PAST 3-YEARS |
|-----|----|---|--|
| | | | 17. Swollen or painful joints, or other joint problems |
| | | | 18. Bone conditions, broken bones, brittle bones, etc. |
| | | | 19. Painful or "Trick" shoulder or elbow |
| | | | 20. Foot trouble |
| | | | 21. Lameness |
| | | | 22. Arthritis, Rheumatism or Bursitis |
| | | | 23. Paralysis |
| | | | 24. Recurrent back pain |
| | | | 25. Any nervous disorders or anxieties |
| | | | 26. Depression or excessive worry |
| | | | 27. Thyroid trouble |
| | | | 28. Jaundice/Hepatitis |
| | | | 29. Diabetes not under control |
| | | | 30. Dependency on alcohol or drugs |
| | | | 31. Heat or cold related problems |

Explain "Yes" answers here. Use backside of form, if needed. List dates or approximate dates of treatment received and your current status. Add any medical or mental conditions here that have not been addressed above.

14. **Addition Medical Questions.** Please check either "YES" or "NO" for each question below. Explain any Yes answers.

| Yes | No | DURING THE LAST THREE (3) YEARS |
|------|------|--|
| ---- | ---- | 1. Have you been: (1) refused or released from employment or been (2) unable to stay in school because of: |
| | | 1a. Sensitivity to chemicals, dust, sunlight, etc... |
| | | 1b. Inability to perform certain bodily motions or repetitions in motion |
| | | 1c. Inability to assume or maintain certain positions or postures |
| | | 1d. Other medical reasons including heat or cold related problems |
| | | 2. Are you now or have you been treated for a mental health condition that you feel would affect your ability to perform adequately as a Texas Rowing Center employee? |
| | | 3. Have you had any recent surgeries that may interfere with your ability to work? |
| | | 4. Have you consulted with or been treated by health care providers, healers or other practitioners for anything other than minor illnesses and not mentioned in question number 13? If yes, explain below). |
| | | 6. Military Service: have you ever been rejected or discharged from the military because of physical, mental or other reasons? (If yes, give date and reason) |
| | | 7. Have you received, or is there pending, or have you applied for a pension, or compensation for an existing, temporary or permanent disability or impairment? If yes, specify what kind, by whom, when, and circumstances. |

EXPLANATION: Please explain below any "yes" answers you made to the above questions.

15. **Physical Requirements:** Please mark which activities you can "repeatedly" perform:

| | | |
|----------|--|---|
| Bending | Standing for long periods of time | Operating hand-held radio's |
| Reaching | Walking for long periods of time | Operating a motor vehicle |
| Pushing | Run 150 feet w/out stopping | Conducting First Aid and CPR |
| Pulling | Performing water based rescue | Working Overtime |
| Kneeling | Swimming 150 feet w/out stopping | Working indoors or out of doors in inclement weather conditions |
| Lifting | Working with general public | Working alone, when required |
| Turning | Working as a team player | Working morning or evening shifts |
| Crawling | Lifting and carrying rowing shells, kayaks, and canoes | |

EMPLOYEE CERTIFICATION - I certify that I have furnished the foregoing medical information as a complete medical history for the questions asked and is true to the best of my knowledge.

Printed Employee Name

Employee Signature

Date Completed

EMPLOYEE'S AUTHORIZATION FOR MEDICAL RECORDS REQUEST

16. Should additional medical records or information be required to complete this medical screening, your signature below authorizes your provider to release them to TRC for this purpose. They will be held in confidence with only those who need to know having access for medical purposes only.

CONSENT & AUTHORIZATION to RELEASE MEDICAL INFORMATION - I hereby consent and authorize any of my doctors, health care providers, hospitals or clinics who have treated me for any of the above listed medical situations to furnish complete medical documents or transcripts of my medical records to my employer: Texas Rowing Center, ATTN: Matt Knifton + HRD, 3007 Savoy Pl, Austin, TX 78757, who will treat them with full confidentiality under the privacy rule and in compliance with the Health Insurance Portability and Accountability Act (HIPAA) of 1996.

Printed Employee Name

Signature

Date

MEDICAL PROVIDERS SUMMARY

Upon reviewing the employee's Medical History Questionnaire and in consultation with the employee, I find the following concerns that may or could inhibit the employee in the performance of their employee duties in a safe or effective manner.

NO CONCERNS

CONCERNS ARE: _____

I FIND THAT ADDITIONAL MEDICAL INFORMATION WILL BE REQUIRED BEFORE THE MEDICAL SCREENING CAN BE COMPLETED. I WILL NEED THE FOLLOWING INFORMATION:

Provider's Printed Name

Signature

Date