



## OUTPATIENT THERAPY PROGRESS REPORT

This form should be filled out and submitted by the physical therapist when it is determined that the member will require additional visits to meet his/her goals. Please submit this form along with a copy of the referring physician's prescription for therapy. All forms can be submitted via fax to 1-855-231-8664.

### MEMBER INFORMATION

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_  
MEMBER ID \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ SEX \_\_\_ M \_\_\_ F

### PROVIDER INFORMATION

PROVIDER NAME \_\_\_\_\_ PROVIDER ID \_\_\_\_\_  
PHONE NUMBER (\_\_\_\_\_) \_\_\_\_\_ FAX NUMBER (\_\_\_\_\_) \_\_\_\_\_  
CONTACT NAME \_\_\_\_\_ EXTENSION \_\_\_\_\_

### PRIMARY DIAGNOSIS AND CURRENT PAIN RATING

DIAGNOSIS (ICD-9) CODE \_\_\_\_\_ DESCRIPTION \_\_\_\_\_  
CURRENT PAIN RATING \_\_\_\_\_ / 10 CHANGE IN SYMPTOMS (circle one) Improved Worsened Unchanged  
NEW SYMPTOMS REPORTED \_\_\_\_\_

### FUNCTIONAL ASSESSMENT AND PROGRESSION TO DATE

TESTS/MEASURES  
\_\_\_\_\_  
\_\_\_\_\_

FUNCTIONAL LIMITATIONS (circle one): Improved Worsened Unchanged  
Describe if improved or worsened \_\_\_\_\_

SHORT-TERM GOALS (circle one): Completely met Partially met Not met

THERAPY ATTENDANCE (circle one): Consistent Inconsistent HEP COMPLIANCE (circle one): Consistent Inconsistent

PREVIOUS AUTHORIZATION WAS FOR \_\_\_\_\_ VISITS. MEMBER HAS COMPLETED \_\_\_\_\_ OF THOSE VISITS.

### UPDATED PROGNOSIS AND PLAN OF CARE

PROGNOSIS (Potential to reach maximum functional level — circle one): Excellent Good Fair Poor  
CONTINUE PHYSICAL THERAPY \_\_\_\_\_ times per week for \_\_\_\_\_ (number of weeks)  
CONTINUE OCCUPATIONAL THERAPY \_\_\_\_\_ times per week for \_\_\_\_\_ (number of weeks)

LONG-TERM GOALS — EXPECTED NUMBER OF VISITS TO ACHIEVE: \_\_\_\_\_

Increase ROM by \_\_\_\_\_ degrees  
Increase strength by \_\_\_\_\_ grade(s)  
Decrease pain to \_\_\_\_\_ / 10 Independent HEP  
Restore 100% of prior level of function

### THERAPY REQUEST

Based upon my updated assessment performed, I am requesting authorization for \_\_\_\_\_ visits over \_\_\_\_\_ days.

Therapist's Signature \_\_\_\_\_ Date \_\_\_\_\_

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