

**Please note: there are two places on this sheet that require a signature**

In consideration of being allowed to participate in any way in DISABLED SPORTS USA's and Adaptive Sports Assn. programs, related events, and activities, I and/or the minor participant, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, the undersigned:

4. Release, waive, discharge and covenant not to sue DISABLED SPORTS USA, Adaptive Sports Assn., its affiliated clubs, their representative administrators, directors, agents, coaches, other employees, and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, their heirs, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

**X**  
**Signature of Participant/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_