



FAMILY HISTORY			
ALCOHOLISM		GALLBLADDER DISORDER	OSTEOPOROSIS
ARTHRITIS		HEPATITIS	SEIZURES/EPILEPSY
ASTHMA		HEMOPHILIA	SICKLE CELL DISEASE
BLOOD DISORDER		HIGH BLOOD PRESSURE	STOMACH DISORDER
CANCER/TUMOR		INTESTINAL DISEASE	STROKE
DEPRESSION		KIDNEY/BLADDER DISEASE	TUBERCULOSIS
DIABETES		LIVER DISEASE	

**SOCIAL HISTORY**

YES NO

\_\_\_ \_\_\_ Do you regularly use tobacco? How many Cigarettes per day \_\_\_ Pipe \_\_\_ Cigars \_\_\_  
 Vaping \_\_\_ Years using \_\_\_ Packs per day \_\_\_

\_\_\_ \_\_\_ Do you drink beer, wine or hard liquors? Amount \_\_\_ Frequency \_\_\_

\_\_\_ \_\_\_ Do you use or have ever used marijuana, cocaine, inhalants or other street drugs?  
 Which Drug \_\_\_ Frequency \_\_\_ Amount \_\_\_

\_\_\_ \_\_\_ Do you usually drink caffeine beverages? How much? \_\_\_\_\_

\_\_\_ \_\_\_ Have you ever experienced unwanted sexual touch, verbal or physical violence?

\_\_\_ \_\_\_ Are you afraid anyone might hurt you?

\_\_\_ \_\_\_ Do you avoid eating for 24 hours or more?

\_\_\_ \_\_\_ Do you eat laundry starch, clay or dirt on occasion?

\_\_\_ \_\_\_ Are you on a special diet? Explain \_\_\_\_\_

\_\_\_ \_\_\_ Have you gained or lost more than 10 pounds during the last six months?

\_\_\_ \_\_\_ Do you exercise regularly?

\_\_\_ \_\_\_ Have you ever had sexual intercourse? Y  N  Same sex? Y  N  If yes, age you first had intercourse \_\_\_

\_\_\_ \_\_\_ How many sexual partners have you had in the past six months? \_\_\_ In your life? \_\_\_

**FEMALE/GYNECOLOGICAL-MENSTRUAL HISTORY**

\_\_\_ \_\_\_ Are you concerned that you may have been exposed to Sexually Transmitted Diseases (STD) such as Chlamydia, gonorrhea, HIV, herpes, syphilis or genital warts?

\_\_\_ \_\_\_ Do you believe you are at high risk of getting HIV/STD's? **Do you want information on preventative medications for HIV? YES  NO**

\_\_\_ \_\_\_ **Do you want to be screened for HEREDITARY & GENETIC Cancers ?**

\_\_\_ \_\_\_ Are your periods regular?

\_\_\_ \_\_\_ Do you plan to become pregnant in the next 12 to 18 months?

\_\_\_ \_\_\_ Have you ever been pregnant? No

Yes: How many pregnancies \_\_\_ Live Births \_\_\_ Abortions \_\_\_ Miscarriages \_\_\_

Birth of your baby was: VAGINAL  C-SECTION  Weight \_\_\_\_\_

FULL TERM  PREMATURE

**Methods of Contraception used** **Are you currently using this method?**

Pills  Condom  Y  N

Depo-provera  Tubal Ligation

Abstinence  IUD

Hysterectomy \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_