

EMERGENCY CONTACTS	TRAINED STAFF MEMBERS
1. _____	1. _____ Room _____
Relation: _____ Phone: _____	
2. _____	2. _____ Room _____
Relation: _____ Phone: _____	
3. _____	3. _____ Room _____
Relation: _____ Phone: _____	

EPIPEN® AND EPIPEN® JR. DIRECTIONS

1. Pull off gray activation cap.

2. Hold black tip near outer thigh (always apply to thigh).

3. Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. Hold in place and count to 10. The EpiPen® unit should then be removed and taken with you to the Emergency Room. Massage the injection area for 10 seconds.

For children with multiple food allergies, use one form for each food.

