



Volunteer Self-Appraisal Form

Name:

Length of time volunteering:

Date of appraisal:

Time:

Place: **Orchard House**

Purpose of your Supervision Meeting:

To enable you to discuss with your manager your volunteering experience, performance and your future the discussion should aim at a clearer understanding of:

- The main scope and purpose of volunteering
- Agreements on your objectives and tasks
- Standards or targets for measuring your performance
- Your training and future prospects

You can prepare for the meeting and discussion by completing this form.

You may show this form to your manager. This will give him or her time to consider your problems and suggestions. If you do so, it will not be copied or filed without your permission.

If you prefer, you can use this form for your own guidance only, and not show it to anyone.

You will be given the opportunity to read the appraisal form prepared by your manager; you will be able to add your comments, and sign the appraisal form



Hear Us

To promote, educate, communicate and empower,
For the benefit and interest of people affected by mental health issues

Self-appraisal

1. Circle appropriate answers and comment below

- Do you understand all the requirements of volunteering? Yes No
- Do you have regular opportunities to discuss your volunteering, and action plans? Yes No
- Have you carried out the improvements agreed with your manager which were made at the last appropriate meeting? Yes No

2. What have you accomplished, over and above the minimum volunteering requirements; in the period under review (consider the early part of the period as well as more recent events)? Have you made any innovations?

3. List any difficulties you have in carrying out volunteering. Were there any obstacles outside your own control which prevented you from performing effectively?

4. What parts of volunteering with Hear Us, do you:

- Do best?
-

- Do less well?
-

- Have difficulty with?
-

- Fail to enjoy?
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