Self Assessment

NB Please note we normally only provide one rail at one entrance

Please tick the appropriate boxes:

Adaptation	Right Side Going Up	Left Side Going Up	Number of Steps
External Grab Rail at Front Door			
External Grab Rail at Back Door			
External Handrail over Front Door Steps			
External Handrail over Back Door Steps			
Additional Internal Banister on Stairs			

	Right Side	Left Side
Grab Rail at Side of Toilet		
Grab Rail at Side of Bath		

Any further information …….

……..

Will the Grab Rail/Handrail be shared with neighbours?
We may need to obtain permission from them before we proceed with the work.

Yes ❑ No ❑

Declaration *(Please read and sign)*
The above will be provided without an assessment of need. I understand I can ask for a professional assessment at any time.
Should I require any further assistance, I will contact the Duty Occupational Therapist on the number provided.
I agree that the information provided by me may be shared with agencies necessary to carry out the work required.

Signature …….....…

Date ……....

Please return Self Assessment Form to:
The Duty Occupational Therapist
Links Resource Centre
City Hospital
Park Road
Aberdeen
AB24 5AU

If you require further assistance please contact:
The Duty Occupational Therapist
Tel: **01224 558333**

Office Hours
Mon-Thurs **9.00-12.30 1.30-4.30**
Fri **9.30-12.30, 1.30-4.00**

Please contact us on the telephone number below if you want this document in Braille, large print or on an audio CD, or if you want the document translated into another language.

اذا كنت تود الحصول على هذه الوثيقة بالخط العريض أو البريلا أو الأشرطة الصوتية المدمجة أو كنت تود ترجمتها الى لغة أخرى فالرجاء الاتصال بنا على الهاتف أدناه.

আপনি যদি এই দলিলটি ব্রেইলে, বড় ছাপার অক্ষরে বা শোনার জন্য সিডি, অথবা দলিলটি অন্য কোন ভাষায় অনূদিত চান তবে অনুগ্রহ করে নীচের টেলিফোন নম্বরে ফোন করে আমাদের সাথে যোগাযোগ করুন।

如欲索取此文件的凸字版、大字版、語音光碟，或其他語文翻譯本，請致電下列號碼。

Proszę się skontaktować z nami pod poniższym numerem telefonu jeśli ten dokument jest wymagany w alfabecie Brajla, w dużym druku, na płycie kompaktowej CD lub przetłumaczony na inny język.

Пожалуйста, свяжитесь с нами по номеру телефона, указанному ниже, если Вы хотите получить этот документ шрифтом Брайля, крупным шрифтом или на компактном аудио диске, а также если Вам нужен перевод этого документа на другой язык.

☎ 01224 522132 / 523480

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www.aberdeencity.gov.uk

OTT/Self Assessment 03/2011

ABERDEEN
CITY COUNCIL

Social Care and Wellbeing

OCCUPATIONAL THERAPY SELF ASSESSMENT

External Handrail
Banister
Internal/External Grab Rails

Self Assessment

Aberdeen City Council wants to provide individuals with the opportunity to choose the small adaptations they require without the need of a formal assessment. This will reduce your waiting time and provide an efficient service. By providing a few details about yourself, your home and your disability on the attached form, your assessment will be considered and, if you qualify for a service from Aberdeen City Council, a qualified tradesman will install the hand/grab rails that you require. If you do not qualify for a service we will send an information leaflet to you to help you organize your own rails.

Adaptations

External Hand Rail

Description: A tubular metal handrail with a painted finish (black or grey) fitted over external steps and approximately 900mm high. This external handrail will help you negotiate steps and provide additional support to do so safely.

Banister

Description: A wooden handrail for internal use. The banister can be cut to fit a specific length, is attached to the wall by a backing plate and brackets and is usually supplied unpainted. The banister will help you to negotiate internal stairs and provide additional support to do so safely.

Internal Grab Rail

Description: A plastic grab rail for internal use. It is available in 12, 18 and 24 inch sizes and can be fitted within the bath, by the shower or by the toilet to provide additional support.

External Grab Rail

Description: A pvc-coated steel or plastic grab rail suitable for outdoor use. It is available in 12, 18 and 24 inch sizes and can be fitted to a door post/wall where a full metal rail is not required. The rail will help you negotiate steps and provide additional support to do so safely.

Detach and return

Occupational Therapy

Adaptations Self Assessment

Application Form

Name .....

Address .....

.....

Post Code ..... Tel .....

Date of Birth .....

GP Practice .....

.....

Property Ownership:

Aberdeen City Council ❑

Owner Occupied ❑

Other ❑ Please specify

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NB There may be a cost involved in supplying and fitting rails if you own your own property. A member of staff will telephone you to discuss this if applicable.

Please give details about the nature of your disabilities (e.g. Arthritis, Stroke, Falls)

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